

A Roundtable Discussion: Exploring Hysterectomy Options

February 4, 2010

Panelists: WordSurgeon, trayne91, RangersFan

fritzi64	Hi Kat618
mjd2491	[b]HI kAT!
Kat618	hello everyone!
tauruslady	Hi Kat
fritzi64	Oops
tauruslady	Hi Busyililbee
mjd2491	[b]Hi busyililbee
fritzi64	Hi busyililbee
Kathy	hi ladies
fritzi64	Hi speppers
tauruslady	Hello speppers welcome to our chat
speppers	hello
fritzi64	We'll be getting started in a few minutes
busyililbee	HI
speppers	hello busy
fritzi64	We want people to have a chance to get settled in first :)
tauruslady	Hi Lovingfun
busyililbee	Hi everyone
Kathy	did everyone have a good day today?
speppers	Pretty good
Lovingfun	not so much
tauruslady	Welcome to the chat sep1992
mjd2491	[b]Busy..... my daughter got home from Switzerland
Kat618	Glad it is ALMOST Friday!
tauruslady	Hi AnnieT44
fritzi64	Hi AnnieT44
Kathy	yay MJ
mjd2491	[b]yep
mjd2491	[b]It was tense for a while
WordSurgeon	Doing great!
Kathy	did she beat her passport?
AnnieT44	hi tauruslady and fritzi64~
mjd2491	[b]Yes.... passport is still in transit ;)
tauruslady	Hi Catherine
mjd2491	[b]Hi Catherine!
Kathy	what a story! (Her daughter sent passport home in baggage and didn't realize it until she was ready to fly home after 3 month internship)
AnnieT44	hi everyone! I hope you're all doing well tonight!
Catherine	Hi ladies :)
tauruslady	I packed a plane ticket 1x and had to rush to the shipping terminal and the found the box I packed it in
Lovingfun	oops
Kathy	amazing!
tauruslady	Otherwise it would have been buy a new ticket
mjd2491	[b]yep.... and she's only 21 so she has had to grow up a bit!
Kathy	well, she managed it!
mjd2491	[b]I guess the American embassy is beautiful

mjd2491	[b]lol
fritzi64	While we're waiting for a few other folks to make their way into the chatroom, feel free to introduce yourselves.
fritzi64	We'd love to know if your surgery is scheduled, when it is
fritzi64	and why you're having a hysterectomy.
mjd2491	[b]I'm MJ, and I'm a pre-op hostess. Surgery was 9/20/04
Lovingfun	My surgery is next Tuesday as 12:30.
speppers	My surgery is the 18th for Fibriods
fritzi64	Hi Marietwin
Kat618	Mine is scheduled for Feb 17th, mine is for endo/adhesions and cyst on right ovary and heavy bleeding
busylilbee	Hi..I'm scheduled for hysterectomy on 3-2-10 for penduculated fibroid
tauruslady	Hi MarieTwin
Lovingfun	mine is for a diagnosis of complex hyperplasia w/atypia
AnnieT44	I don't have my surgery date yet, but just had a D&C with biopsies. My doctor said my hysterectomy will be in the next few months though. I have complex hyperplasia with atypia but she's pretty sure I have stage 1 endometrial cancer
WordSurgeon	My surgery was on Dec. 29 for adenomyosis and fibroids
mjd2491	[b]annie :(sorry to hear
AnnieT44	thanks mjd
tauruslady	Hi Lovingfun - I had endo cancer early stage found in a D&C, once I had the hsyter
AnnieT44	still waiting on the biopsy results though
tauruslady	all they found was complex hyperplasia w/ atypia
fritzi64	It looks like we still have a few people trying to make their way into the chatroom
fritzi64	But let's go ahead and get started.
fritzi64	Welcome to our Roundtable tonight!
tauruslady	Hi Lady63
fritzi64	We are so glad you are here.
Lady63	hello
fritzi64	With this roundtable discussion, we hope to provide information for you as you consider your hysterectomy options.
fritzi64	Often, we are limited in our medical choices by a lack of information and what may be an option
fritzi64	We hope to encourage our audience members to learn as much as they can about their diagnosis and explore non-hysterectomy alternatives as well as explore hysterectomy options.
fritzi64	Tonight's Roundtable discussion focuses on the topic of da Vinci hysterectomy as a hysterectomy option.
fritzi64	You are going to hear from several members of HysterSisters who faced a hysterectomy for various reasons, including cancer, fibroids, adenomyosis, and endometriosis.
fritzi64	You'll learn about their experiences with the da Vinci hysterectomy.
fritzi64	We also have a da Vinci representative in the discussion with us tonight.
Marietwin	hi I'm new to this site. I'm scheduled April 1 for total laproscopic hysterectomy bilateral salpingo oophorectomy,vaginal vault suspension, cystoscopy, vaginal para vaginal repair with mesh graft yikes- All for uterine prolapse, i'm 60 years old and am now going to get a second opinion as not sure about taking ovaries and tubes.
fritzi64	And da Vinci is our sponsor this evening.

dominiquee	Hi
fritzi64	If you have questions for our da Vinci representative, please remember that this is only for general information and you will not be given personal answers that could be considered medical advice.
fritzi64	And at the end of tonight's roundtable, we hope you will be encouraged to take further steps to gather all the information you need for your medical decisions
fritzi64	Because daVinci is still relatively new and is something our doctors may not have experience with, we wanted to provide you with a bit more insight.
fritzi64	Hereâ€™s how tonightâ€™s Roundtable will work:
fritzi64	Two of our HysterSisters hostesses, tauruslady and mjd2491, will be interviewing our roundtable panelists who have had the daVinci hysterectomy procedure and will share their experiences.
fritzi64	I may also be asking a few questions as we proceed.
Lady63	I tried the IUD before I had my hyst. and I'm grateful that I explored other options before I decided on the surgery.
fritzi64	Our panelists will be introduced in just a bit, but know that they are still early in their recoveries and have generously agreed to share their time with us.
fritzi64	We also have Dominique, a representative from daVinci surgery, who will be able to share some important statistics and other information about the surgery.
fritzi64	And I will be stepping in on occasion to ask the audience a few questions.
fritzi64	When I ask a question of (((HysterSisters))), that is a question for the members of our audience.
fritzi64	This Roundtable will be moderated.
fritzi64	That means that every comment you type will be held in a queue and will appear in the chat window when it fits in.
fritzi64	If you can make note of your questions and save them for the right moment, that would help me make sure things go a bit more smoothly!
fritzi64	You may notice some symbols appearing on your screen at times: **
fritzi64	This is just our way of letting each other know when weâ€™re done with our response and itâ€™s time to move on to the next question!
fritzi64	Letâ€™s get started. Tauruslady and mjd2491, itâ€™s all yours!
mjd2491	[b]First, let's meet our panelists for the evening.
mjd2491	[b]WordSurgeon, trayne91, and RangersFan, can you tell us a little about yourselves?
WordSurgeon	Iâ€™m an investigative reporter in Sedona, Arizona, specializing in health care issues and womenâ€™s health. Iâ€™ve been researching and writing about hormonal balance, menopause, breast cancer, etc., for many years and am now writing about adenomyosis and dVH since I just had both!**
RangersFan	Hello everyone! I am what is usually called a "systems administrator" and I live in Dallas, Texas with my husband and my cat :) **
trayne91	I'm 35. Live in Wisconsin. Marketing Manager for a hotel condominium management company. Married.
mjd2491	[b]Dominique, can you tell us about yourself and your relationship with DaVinci?
dominiquee	I work in the marketing dept at Intuitive SurgicalÂ® and I help to

	educate surgeons on using this advanced technology.**
fritzi64	((HysterSisters))) members, can you share with us one question that you hope to have answered during our time together this evening?
fritzi64	Remember ((HysterSisters))) questions are for those of you who are here to learn about da Vinci tonight
sep1992	I had the daVinci hysterectomy in 2008. I was amazed and so pleased. Highly recommend
speppers	does the divinci surgery take longer than your typical abdominal surgery?
fritzi64	And we won't be asking these questions just yet
fritzi64	We want to have a sense of what you're hoping to learn
Kat618	do all doctors that use the Da Vinci robot numb/deaden the nerves prior to the surgery starting so that there is less pain when you wake up??? is this common practice?
fritzi64	Are there any other burning questions you hope to have answered tonight?
fritzi64	Thank you for sharing these with us.
tauruslady	WordSurgeon, what brought you to the hysterectomy experience?
atalanta_63	I'm having DaVinci Surgery tomorrow. What can I expect to see when I go in?
WordSurgeon	Chronic uterine bleeding which was eventually diagnosed as adenomyosis, plus uterine fibroids.
tauruslady	Trayne91, why did you have your hysterectomy?
trayne91	multiple fibroids on the outside of the uterus and in the muscle tissue. seen at least 6, some golfballs size.
tauruslady	And RangersFan, what brought you to the experience?
trayne91	had grapefruit sized uterus at that time**
mjd2491	[b]Dominique, could you explain how the daVinci Surgical System works?
RangersFan	I had stage 1 endometrial carcinoma. **
dominiquee	DE: The da Vinci System has three main partsâ€”a surgeon console, patient side cart and vision system. :trio:
dominiquee	DE: The surgeon console, where the surgeon sits during surgery, allows him/her to see inside the patientâ€™s body with a camera. :doc-cons:
dominiquee	That camera provides 3D HD vision with 10x magnification vision and allows the surgeon to â€œintuitivelyâ€ manipulate the surgical instruments with extreme precision. The instruments are under the surgeonâ€™s complete control at all times. :3d: :tool
fritzi64	:tool:
dominiquee	Thanks
dominiquee	++
mjd2491	[b]W hat does it mean that there is a robot involved?
dominiquee	As seen in the picture above, the surgeon is seated at the console just a few feet from the patient. The surgeon is in complete control during the entire procedure. In fact, it is impossible for the â€œrobotâ€ to act on itâ€™s own under any circumstances. In the rare case of a patient emergency, such as an allergic reaction, the surgeon can readily be at the patientâ€™s side.
dominiquee	Also, there is whatâ€™s called a â€œpatient side assistantâ€ â€” a doctor or member of the surgical team â€” standing next to the patient during surgery.**
mjd2491	[b]Dominique, what are some of the general benefits of daVinci surgery as opposed to other hysterectomy options?
dominiquee	Surgery provides the surgeon with numerous features which

	complement or enhance their surgical ability, all of which lead to faster recovery with less pain for the patient. By using miniature instruments to perform the surgery, the surgeon can work through extremely small incisions in the abdomen. Those instruments are even more flexible than the human wrist " which is very important when it comes to handling any difficulties with the patient's anatomy, such as an enlarged uterus, prior surgeries, or es
dominiquee	especially endometriosis.
dominiquee	The extremely small incisions and dexterity provided by the daVinci instruments allow for dramatically less blood loss, fewer complications, and a substantially faster recovery relative to traditional open surgery (not to mention no large scars.) The additional range of motion, 3D vision and 10x magnification provide substantially more precision and control than laparoscopy, again contributing to superior patient outcomes.**
tauruslady	We'd like to ask our panelists why they chose to have the da Vinci procedure.
tauruslady	trayne91, why did you choose the da Vinci?
WordSurgeon	I explored every possible option for hysterectomy. None of my doctors even mentioned the dVH method; I had to discover it for myself. I found the daV site online and a trained surgeon in my state and got a consultation. After much extensive research and doctors' appointments, I decided this was the way to go due to minimal pain, shorter hospital stay and recovery time and lower risk of infections.**
trayne91	My doctor told me at my ultrasound appt. when I was diagnosed that I would be candidate. He teaches it to others, so was skilled in it. I went along with his suggestion.**
tauruslady	And RangersFan, what about you?
RangersFan	I chose it because I had not had any type of surgery before this, and I was attracted to the shorter recovery time and less pain. **
tauruslady	Trayne91, RangersFan and WordSurgeon How important was it to you to seek a second opinion in making your decision about hysterectomy type?
RangersFan	I had a very short time between diagnosis and surgery and did not seek a second opinion. **
WordSurgeon	HUGE since there are so many surgical options and natural alternatives to surgery. We must explore them all to make our own educated decisions. Even though I consulted with several wonderful doctors and my surgical team was fantastic, I must admit I had to find out most critical info on my own, like the potential risks if removing the cervix or ovaries. They just don't tell you and most wanted to rip everything out. I believe that women have to be their own doctors and do their own research to ensure the
trayne91	It happened so fast I was overwhelmed about having surgery so didn't think of it until later. I basically used my family physician as 2nd opinion when I went for my physical exam.
fritzi64	((HysterSisters))), how many of you have sought a second opinion, either about having a hysterectomy at all or about the type of procedure to have?
fritzi64	And while you're answering that, let me say that you have been sending in some wonderful questions!
fritzi64	We'll get to them soon.
Lovingfun	I did not

colliewoggles	yes, I sort 2nd opinion.
fritzi64	We know from a voluntary poll on HysterSisters that fewer than half our members have gotten a second opinion.
fritzi64	We, at HysterSisters, think this means our members aren't necessarily getting all options explored
speppers	my first doctor said no the second agreed to it
fritzi64	One of our goals at HysterSisters.com is to encourage our members to be the best self-advocates they can be.
fritzi64	You deserve and owe it to yourself to explore all your treatment options
fritzi64	As women, we often have great loyalty to our doctors.
fritzi64	But we deserve to explore other options. It is not a backhand to our doctors.
Marietwin	word surgeon- what do you mean by RISKS of having cervix / ovaries removed?
AnnieT44	I'm going to wait until I have my definitive diagnosis of if it's frank cancer or not before I go on to get a second opinion, as I may have to go to a Gyne Oncologist
fritzi64	Doctors will usually only tell us what they have the most experience with - and they may not specialize in minimally invasive or alternative treatment options.
4getmenots	I feel unsettled with my gynecologist oncologist surgeon who appears to want to perform either oophorectomy or hysterectomy and does not seem to want to entertain the cervix question. Hoping to obtain a second opinion asap.
Lovingfun	I did a lot of research on my own and it seemed davinci was the best option.
Syster in CO	I interviewed 2 GYNs who only did laproscopic. they both advised leaving the cervix. I interviewed 2 GYN/ ONC who use DV and they all said take out the cervix. When I asked why the difference I was told the robot can more easily sew the hole left by taking out the cervix and there is no reason to leave it.
Kat618	2 years ago before I knew anything about the Da Vinci I wanted a laproscopic or vaginal hysterectomy and seen 3 doctors to find out by each I was not a candidate. I could not stand the thought of full abdominal surgery so I waited
fritzi64	There is no need to feel disloyal for asking other surgeons for input.
mjd2491	[b]Dominique, each of these panelists made a decision, along with her doctor, about what was best for her own medical situation. We'd like to ask about the daVinci hysterectomy in regards to the specific medical conditions they faced.
WordSurgeon	There are many potential side effects after removing the ovaries and cervix, such as menopausal shock, vaginal prolapse, etc.
mjd2491	[b]What are the benefits specific to women having a hysterectomy for gynecological cancer?
dominiquee	The 3 D vision, 10 x magnification and wristed instruments provide an equal or even better outcome than open surgery while providing all benefits of minimal invasive surgery.
dominiquee	Besides a significantly less pain, less blood loss and need for transfusion, less risk of infection, shorter hospital stay and small incisions for minimal scarring, it is a benefit for women in a cancer treatment to have a quicker recovery and therefore less time between surgery and possible follow-on treatments.
dominiquee	As with any surgery, these benefits cannot be guaranteed, as surgery is patient- and procedure-specific.**

tauruslady	What are the benefits specific to women having a hysterectomy for fibroids?
dominiquee	The daVinci System enables the surgeon to operate through 3 - 5 small incisions even on large uteri with multiple fibroids with all the benefits a minimal invasive surgery offers. **
tauruslady	Dominique, how does fibroid size affect whether a woman is a candidate for a da Vinci Hysterectomy?
dominiquee	:laparo:
mjd2491	[b]What are the benefits specific to women having a hysterectomy for heavy bleeding?
dominiquee	The fibroid size often influences the size of the uterus. Studies have shown that daVinci Hysterectomies are less likely to be converted to an open surgery because of the uterus size than laparoscopic Hysterectomies. It's interesting to note that when these surgeons converted during a da Vinci procedure it was because the uterus was much larger than in the laparoscopic comparative arm of the study.**
mjd2491	[b]What are the benefits specific to women having a hysterectomy for endometriosis?
dominiquee	That was the answer to the Fibroid question...
dominiquee	ER will follow now
dominiquee	:benign:
dominiquee	Vision and the ability to access all locations which contain endometriosis are the keys to proper excision. The 3D vision and 10 times magnification of the surgical field as well as the range of motion provided by the daVinci instruments give the daVinci surgeon a substantial advantage in excising as much endometriosis tissue as possible while performing the Hysterectomy
dominiquee	**
mjd2491	[b]Many endometriosis experts have a strong preference for either a laser or a scalpel to excise endometriosis. What are biggest concerns with these in regards to the daVinci system?
dominiquee	Vision and the ability to access all locations which contain endometriosis are the keys to proper excision. The 3D vision and 10 times magnification of the surgical field as well as the range of motion provided by the daVinci instruments give the daVinci surgeon a substantial advantage over lasers or scalpels during surgery.**
tauruslady	Dominique, with all these benefits, why are the other types of procedures still being done?
dominiquee	da Vinci Surgery was approved by the FDA for GYN applications in 2005 and we've spent the past 4 years training GYNs to translate their surgical skills into the dVS minimally invasive environment. While virtually all OB/GYNs perform hysterectomies, many are not trained in minimally invasive techniques because they don't do enough surgeries to make it worth their time.
dominiquee	There are hundreds of hospitals in the US with dVS programs, but not every GYN has access to a system or is even aware of the technology at this point. We're changing that every day, but it takes time to adopt a new technology into our healthcare system.**
mjd2491	[b]RangersFan, WordSurgeon, and trayne91, what were your concerns about the daVinci hysterectomy?
RangersFan	My only real concern was the chance for conversion during surgery. I did not have any other real concerns about daVinci specifically, only surgery in general. **

WordSurgeon	Most gyns, hospitals and my insurance company never heard of it! There was no info about costs, if it was more expensive than the usual method, and if my insurance would cover it. There was also little info on just how much pain I might experience other than the vague "minimal." The only other concern was finding a DaV-trained surgeon since there are none in my area and no hospitals with the equipment. I had to travel 250 miles for my dVH and it was well worth the trip.**
trayne91	First, how skilled was my dr. in performing it and then mechanical failure. After speaking with dr. about his skills and watching a webinar on a hyst being done - I watche one - I was blown away by it's abilities.
mjd2491	[b]Dominique, are there any situations where a dVH is not the best option for someone?
dominiquee	I ll answe that soon. I do have a interesting chart regarding the conversions...
dominiquee	:conversions:
dominiquee	:bmi-conv:
dominiquee	Now my answer to your question: This is a question only your surgeon can answer, but we have found that daVinci surgery is often an option, even in complex cases, where surgeons would not normally be able to use a laparoscopic approach.**
tauruslady	Panelists, weâ€™d like to ask about your surgery and recovery. RangersFan, how did your surgery go, and how are you doing?
RangersFan	My only minor complication was some bleeding during surgery. Overall it went well, and I am way ahead of where I thought I would be in recovery - I had surgery on 1/26 but I am only taking ibuprofen when I need it - most days not at all. **
tauruslady	Trayne91, how about yours?
trayne91	Mine went great. And fast. I had no complications and was actually wide awake and not groggy as soon as I got out. I was out of the hospital by 3:30 that after. Had mine at 8:30. Took about 45 minutes. As far as recovery...
tauruslady	And WordSurgeon?
WordSurgeon	Fabulous, with no pain! I never had to use the morphine pump. I was up walking in just a few hours and sent home the next day. Band-Aids were off in 48 hours. It has all been truly amazing "no pain, no infections, no external stitches. Iâ€™ve had worse paper cuts and cat scratches! I kept my ovaries and was on bio-identical hormones, so no tears, blues or lost libido due to the usual hormonal imbalances.
trayne91	The first week was the roughest. It's so sore inside right away those first few days but by the week end I was feeling must better, off meds with minimal discomfort and just progressing along as normal.
trayne91	II
trayne91	**
mjd2491	[b]Dominique, we've had several women ask about conversions. I understand that means starting out with a planned daVinci surgery -- but then the surgeon has to change to abdominal surgery.
mjd2491	[b]Could you provide any statistics on how often that happens?
dominiquee	There are several reasons why an operation starts as a planned minimal invasive surgery and gets converted during the case. Most commonly because the presence of adhesions which mostly appears in patients that had previous surgeries or the body size of

	an patient (BMI). It is proven that da Vinci surgeries are less likely to be converted to open surgeries because of these reasons than common laparoscopic surgeries.
dominique	Here is clinical data that illustrates the experience of a lap surgeon who found a much lower percentage of conversions using da Vinci Surgery relative to traditional laparoscopy.**
dominique	:conversions:
fritzi64	((HysterSisters))), what questions do you have about who is and is not a candidate for a da Vinci hysterectomy?
fritzi64	By the way, you've been sending terrific questions in, and we'll get to those as soon as we can!
speppers	so if I know I have adhesions then I am more likely to have to convert than someone who does not?
vvhelp	I am schedule for partial hysterectomy for fibroids which has caused my uterus to be pushed out of place. There are many fibroids and I have endometriosis. My Dr. is piloting the Davinci and says I can get the surgery using this method, and if we need to go to open we could go that route. I haven't had any procedures to get a good pic of what's going on. I have had a CT which shows the uterus off to the side and a large fibriod on the side. Walking, driving and even sitting is painful. Is the Davinci
Kat618	if you have adhesions is it common for a doctor to start laproscopic to burn/cut through the adhesions so he can then perform the DVH?
dominique	On line you can visit www.daVinciHysterectomy.com or www.daVinciStories.com; we encourage women to get an opinion (1st, 2nd, 3rd) from a trained da Vinci surgeon"only they can evaluate if you are a candidate for da Vinci Surgery. Multiple opinions will give you a better understanding of all factors and surgical options, but chances are, you are a candidate.**
mjd2491	[b]Dominique, what are the best questions to ask a doctor about recovery care specific to the robotic surgery?
dominique	There are a lot of questions regarding surgical techniques and they should be answered by your physicians...
dominique	Check the new "Checkpoints" section on HysterSisters. I like it and it covers all the bases.**
mjd2491	[b]What are the most common concerns and questions that women have about the daVinci hysterectomy?
dominique	The questions differ but one we hear very often is: Am I a candidate? You can check the daVinci homepage for a first glance and should talk to your daVinci surgeon about all your questions. www.daVincisurgery.com**
taurslady	Dominique, we've had quite a few members who have asked about being overweight and having a hysterectomy.
taurslady	Is this an issue with a daVinci procedure?
dominique	In fact, a new study by Dr. John Boggess shows excellent outcome even in patients classified as "morbidly obese" (those with a body mass index or "BMI" greater than 40). Every woman was able to leave the hospital the next day and not a single surgery had to be converted to an open hysterectomy.**
dominique	:bmi-conv:
taurslady	Dominique, also we're asked about adhesions and whether laparoscopic procedures cause fewer adhesions
dominique	Every woman responds differently to surgical approaches, sometimes, adhesions are found even in women that never had surgery before.**

mjd2491	[b]Panelists, what advice do you have for other owmen considering a daVinci hysterectomy?
trayne91	My best advice is to look on their website. Research all the information about it. Find a skilled surgeon. And if you can stomach it, like I can, watch a video of it being done. It's amazing what it can do.
WordSurgeon	Ask your doctors a lot of questions and do your own research. Then go within yourself to make your final decision and trust your intuition and body wisdom above everything else. I went within and asked my womb what SHE wanted me to do! Connect with your Hyster Sisters; they were my best friends and advisors the whole time and still are.**
RangersFan	Explore all your options, but so far I find that the DVH really does have less discomfort and pain. **
dominiquee	Maybe the www.daVincistories.com can help you make a decision, too
tauruslady	Dominque, let's say that someone who's here tonight wants to learn more about whether dVH is a good option for her. What should she do? What information an dresources do you have on your website
trayne91	Get research on this site. And know everyone is different and your recovery time will be your own**
dominiquee	You can read/watch stories from other da Vinci Surgery patients, locate a surgeon by putting in your zip code, find clinical data references of additional studies, and read more about common GYN symptoms, conditions and treatment options.**
mjd2491	[b]Tauruslady, since you're a hostess and you had a daVinci surgery, could you please tell us what information and resources we have on the Hyster Sisters website that are most helpful to women preparing for a daVinci hysterectomy or making a decision about what hysterectomy type is best for them?
tauruslady	There are numerous things that can help you understand all your options or start you in the right direction.
tauruslady	If you arenâ€™t sure about whatâ€™s out there or what you are scheduled for than you can post on forums to give you insight and direction.
tauruslady	Review the Pre-Op Checkpoints that give you definitions and information on all varieties of hysterectomies and preparation for them.
tauruslady	Of course there are links to the daVinci site from HysterSisters.
tauruslady	For the brave of heart you can watch videos of various surgeries.**
fritzi64	((HysterSisters))), what questions do you have? Remember, if you have questions for our davinci rep, please remember that this is only for general information and you will not be given personal answers that could be considered medical advice
fritzi64	I'm going to start letting through the questions you've been sending
Kathy	just a note about the videos - we have a lot of videos on hystersisters.com that are davinci related
trayne91	I have a question for dominiquee. I looked up surgeons on your site and mine wasn't listed. And I was researching my surgeon before our appt. Do they have to register or do you find them. Mine seemed very skilled so I was surprised not to find him there.
dominiquee	You can also watch Youtube videos and see the daVinci peeling a grape or doing origami art

fritzi64	and our panelists will all try to answer them
dominiquee	**
robinfrommilw	Hi everyone
dominiquee	Whats his name?
Lovingfun	how are the incisions closed?
dominiquee	Usually, they have to register but sometimes, the forget about that...
trayne91	Scott Beatse
RangersFan	Lovingfun mine are closed with glue. **
dominiquee	what city
trayne91	thanks, I was curious.
trayne91	I have stitches inside under the skin and they are closed with a glue.**
Kat618	can the doctor get more of the endometroids/adhesions out with the Da Vinci as opposed to traditional abdominal surgery? Can you remove more of it?
trayne91	Elkhorn, WI**
fritzi64	Kat618, like anything else, the skill of the surgeon is what is most important--and the davinci system allows the doctor to see in more places
Syster in CO	I am scheduled for DaVini hysterectomy on March 30. What do I need to know that my surgeon might forget to tell me if he thinks it's just standard operating procedure? Any surprises?
tauruslady	Kat - our endo hostess has indicated that the biggest thing is to make sure you have an endo specialist Dr. doing the surgery; not necessarily the type of surgery
atalanta_63	Looks like a giant video game. Without the big incision are you still able to see all the endometriosis?
dominiquee	I think it is the best to ask him again! Maybe he forgot to register
fritzi64	We'll be addressing your questions over the next half hour
trayne91	No. I think I just had the standard. pre-op appt. with questions and signed consent form. IV and urine at hospital. anesthesia. blood draw before I left. cath in while asleep. removed before I went home.
fritzi64	Since our panelists are still recovering and may need to be leaving to recuperate from this chat :) , I'd like to thank them for sharing their experiences with us all this evening.
tauruslady	Hi atalanta - the vision is 10x magnification so they can see very, very well. As noted if they are an endo surgeon and know what to look for they can see it.
fritzi64	WordSurgeon, trayne91, and RangersFan (who already had to step away), thank you
trayne91	When I watched the webinar video they can see everything. i say a lady's endo on the video from the camera looking into where the dr. looks. amazing.
tauruslady	Hi Syster in CO - the things he might forget to tell you are things that are pretty much in any surgery type.
Lovingfun	Is there a certification process for doctors who do this type of surgery?
tauruslady	The biggest thing is sometimes people think small incisions not major surgery and try to do too much too fast.
mjd2491	[b]tauruslady -- you are so right.
mjd2491	[b]Can't stress that enough
timetojoin	How does SILS compare with DaVinci?
mjd2491	[b]You are still having organs removed!
trayne91	Yes, that is true. we are just small cuts on outside but still had

	same thing done on inside.
tauruslady	They say 2 week recovery and with my surgery and everything for cancer it was still 6 week initial recovery.
dominiquee	Sils is just the name for a port and it is common laparoscopic surgery.
tauruslady	SILS is a one incision in the bellybutton and they use standard laproscopic instruments
Kat618	how many daVinci surgeries does a doctor have t perform before he is on his own? Is there a set# of surgeries that a doctor has to do before he is considered "expert"?
tauruslady	So it would be 2-D Vision and unarticulated "arms"
trayne91	mine told me 3 days sometimes, 2 weeks normal, some take 6. It's a process to get back to yourself without doing too much. You need to be careful so you heal inside correctly the first time with no set backs.
tauruslady	There is a training program for the surgeons.
dominiquee	:recovery:
dominiquee	That might be helpful
dominiquee	**
tauruslady	They have to attend classes in a lab and watch the surgery being performed and do lab practice. Dominique may have more information on that.
Kat618	do you still have internal stiches that have to heal even though the glue is on the outside?
4getmenots	I will be having probable DaVinci hysterectomy, possible oopharectomy at the end of March. I have Stage II breast cancer. Must have oopharectomy at a minimum to continue with Aromatase Inhibitor following chemo, radiation, 5 years Tamoxifen. Must be truly menapausal. I am 46. What are the different ways organs will be removed with DaVinci if I choose oopharectomy and/or hysterectomy? Hysterectomy is vaginally removed. Is it possible to keep the cervix?
trayne91	I am 10 days post op and still have to take small steps around the house and I tired easily and legs hurt fast after. I am up to about 20 - 30 minutes before being tired out now.
dominiquee	Yes, all surgeons have to complete a training and get proctored before they start doing dVsurgery on their own
mjd2491	[b]4get if you have a vaginal hysterectomy, you do not keep your cervix.
tauruslady	Kat - if the cervix is removed definitely internal stitches.
fritzi64	Kat618, no matter what tool or system is used to remove the uterus, there is internal cutting and stitching that needs to heal.
Marietwin	Am thinking this may be difficult to find a doctor experienced in this procedure which would be covered by my HMO insurance?!
mjd2491	[b]And don't be fooled too much by the "shorter" recovery time. This is still major surgery, and you won't be "back to normal" for a while
trayne91	I did not have my cervix removed so no stitches. It just heals over itself and looks like tree stump there dr. says.
mjd2491	[b]You need to give yourself physically low-stress time to heal
4getmenots	Do all DaVinci hysterectomies have to remove organs through vagina? Is it possible to leave cervix and remove uterus by other means?
tauruslady	4getmenots - if they allow you to keep your cervix (supracervical, partial hysterectomy) than it would be removed via incisions. The ovaries can be remvoed via the incisions.

mjd2491	[b]You still have lifting restrictions, etc. to guard against the formation of adhesions, seromas, etc.
tauruslady	If you dont' get to keep your cervix than everything is removed vaginally
dominiquee	Sometimes it helps if you do not accept "NO" for an answer from your insurance.
trayne91	yes, I did not have mine removed that way
trayne91	they took it out through a tube on my left incision site
tauruslady	It can be in the way they code the procedure with insurance.
trayne91	there is an instrument in that tube
mjd2491	[b]But not having an incision to deal with can be a big plus for post-op care!
mercy5	my doctor says its outpatient surgery is that really realistic for me? i will be having a partial hist leaving the cervix sacrocolpopexy for uterine prolapse.
trayne91	that cuts the organ like a potato peeler and it comes out there
mjd2491	[b]mercy5 - yes, we've heard of women doing it outpatient.
trayne91	so that side is much sore than than the other side
trayne91	and my dr. told me that pre-op so I knew ahead of time
mjd2491	[b]BUT if you are not ready to go, they will keep you overnight
RangersFan	In my case, since I had cancer they could not take it out in pieces.
tauruslady	Outpatient surgery means you aren't in the hospital over 24 hours. I went in at 6am and was released by 2:30 the next day.
speppers	if you have a really larger uterus how do they remove it with the davinci?
mjd2491	[b]I had a hematoma surgery (open incision) and was in the hospital less than 24 hours. I couldn't believe it!
tauruslady	RangersFan you are correct if cancer is suspected it has to be vaginal, because they don't want to risk spreading the cancer.
trayne91	they gave me the option of going home but I could have spent the night if I wanted to.
tauruslady	speppers - still probably vaginally, confirm that with your Dr.
colliewoggles	I am scheduled for DaVinci hysterectomy next week. Surgeon recommended a colonoscopy the day before the surgery. Is this common?
mjd2491	[b]colliewoggles - what was the reason the doc gave for the colonoscopy?
trayne91	I had no procedures done before mine. but I have chatted with women who had ekgs, urine tests and blood work done. as well as an enema and bacterial soap wash.
tauruslady	Mine was a couple of days before and my Dr. wanted to make sure that I didn't have colon cancer since my surgery was for endo cancer. It's not common but depends on why you're having the surgery.
colliewoggles	He said if they see anything they will fix it at the same time.
puppi	I've been told that I have to have TAH BSO will this work for me?
mjd2491	[b]Sounds like a good precaution then. :)
WordSurgeon	I had all the things Trayne91 lists but no colonoscopy
RangersFan	I had blood test, urine test, and I had to do a bowel prep, but that's it
tauruslady	Puppi - it could you would have to check with a surgeon that does the procedure. My cancer surgery was supposed to be TAH BSO and it was daVinci instead
fritzi64	It looks like a lot of our remaining questions are more general hysterectomy questions and not specific to the da Vinci procedure.
fritzi64	WordSurgeon, trayne91, and RangersFan, thank you for opening

	up your life to share your experiences with everyone tonight who is facing a hysterectomy.
fritzi64	Tauruslady and mjd2491, thank you for conducting our interviews.
fritzi64	Dominique, thank you for sharing your information with us.
trayne91	Sure thing. I had no information at all before mine and this helped me so much. So, glad to share whatever I can.
WordSurgeon	Happy to help!
fritzi64	What I'd like to do now is remove the moderation.
mjd2491	[b]:)
mjd2491	[b]Ooooh
mjd2491	[b]Here it comes! Fast and furious, ladies.
dominiquee	Thank you for having me here! Good night!
mjd2491	[b]:)
fritzi64	and invite you to ask questions that may not be specific to the da Vinci procedure.
mjd2491	[b]Thanks dominiquee
Kathy	thanks dominiquee!
fritzi64	Thank you all for caring enough about yourselves to come here and ask questions.
tauruslady	thanks dominiquee, RangersFan, WordSurgeon and Trayne91
colliewoggles	What is Menopause shock >
RangersFan	any time :)
fritzi64	Panelists, if you need to go lie down and pamper yourselves, you are excused to do so
fritzi64	but we'd love to have to stick around if you're comfortable :)
Catherine	I've never heard of menopause shock.
Lovingfun	This has been helpful. Thank you for your time.
tauruslady	Menopause shock??? I've not heard of that one. Surgical menopause yes.
colliewoggles	Thank you. This was helpful.
robinfrommilw	What is the difference between da Vinci hysterectomy and regular hysterectomy? I am having cysts on both ovaries removed and removal of my uterus and cervix on Feb 15th.
mjd2491	[b]Do you mean ovary shock?
Kat618	does everyone who has a DVH have to have the bowel prep the day prior?
trayne91	I did not.
fritzi64	By the way, a transcript of the entire Roundtable will be available on our website tomorrow.
speppers	my doctor is having me do one
mjd2491	[b]Kat618 -- bowel prep is really up to the doc, and it depends on your particular situation
mjd2491	[b]There's no hard and fast rule.
mjd2491	[b]I didn't have one for my TAH/panniculectmy.
colliewoggles	Menopause shock was mentioned earlier in this forum, I'm curious what was meant.
tauruslady	Hi Robinfrommilw - it is in how the procedure is done. Surgeon sits at a console and does it w/ 10x magnification. If you look at the transcript there will be descriptions of it.
Kathy	our earlier program explained the difference, robinfrommilw, but you can read the transcript when its posted tomorrow = also visit the hystersisters videos section and watch the davinci videos to understand difference
WordSurgeon	Menopausal shock is when your body goes into quick menopause due to the absence of hormones from removing the ovaries

mjd2491	[b]colliewoggles -- maybe this refers to the sudden menopause brought on by having the ovaries removed?
WordSurgeon	Yes!
mjd2491	[b]:) I was right!
tauruslady	On this site most people will call it surgical menopause.
trayne91	davinci is done with robotic arms that doctor operates from a console laproscopically.
robinfrommilw	I am to have it done open due to I had csection with my daughter I just had the gastric bypass 6 months ago
mjd2491	[b]Surgical menopause (when the ovaries are removed) is much more sudden and can be more severe than natural menopause
Syster in CO	Good night. Thank you ladies. Good luck to everyone. Good night mom!
mjd2491	[b]'night syster
colliewoggles	So it's not like toxic shock then, that can be fatal?
tauruslady	Good nigh Syster
robinfrommilw	gn syster
mjd2491	[b]colliewoggles - no, not to worry.
trayne91	I had c-section and had davinci
colliewoggles	Phew! Thanks.
mjd2491	[b]But surgical menopause can be a "shock" to your system, which is maybe where the term comes from.
tauruslady	Colliewoggeles - it can feel like it if you get the hot flashes all of a sudden but no it is just sudden onset menopause and not everyone gets it.
speppers	I had a c section too and my doctor plans on doing the davinci
colliewoggles	O.K. I can deal with that!
WordSurgeon	It can be avoided by taking proper hormones prior to removal of the ovaries
mjd2491	[b]I am excited about this procedure. So many women who have had it are very satisfied with the results.
Lovingfun	Since I'm having the davinci do I need to bring all the stuff mentioned in the checkpoints?
Kat618	I am confused about something said earlier....if you are having the Da Vinci and your cervix removed do they remove your uterus through the incisions in your stomach or through the vagina??
robinfrommilw	does insurance companies pay for it
trayne91	sometimes ovaries act up after for a while anyway, even if you keep them.
mjd2491	[b]Wordsurgeon -- that's true. The tricky part is getting the right hormone balance!
speppers	I worry about being under anethesia longer
colliewoggles	My ovaries are being removed, but I was not informed about going on hormones before.
tauruslady	Depending on the reason you have your surgery (ie cancer) you may not be allowed to take topical hormones. Check with your DR. I can only do vaginal hormones
mjd2491	[b]robinfrommilw - yes, it is covered, but not all insurers are aware of it
robinfrommilw	how long are you under for the one I am havng
trayne91	My insurance covered it.
tauruslady	SPeppers - for a surgeon experienced in the procedure the surgery time shouldn't be longer.
mjd2491	[b]robinfrommilw -- you mean how long are you under anesthesia?
robinfrommilw	he want to do the endo ablation i said no take it out

trayne91	My procedure took 45 minutes.
robinfrommilw	yes
Lovingfun	my insurance has given pre-clearance.
mjd2491	[b]Depends on what they find.
trayne91	1st time put under. I was just fine.
WordSurgeon	Kat618: I had both cervix and uterus removed through the vagina
mjd2491	[b]Can be longer if they have to deal with adhesions, etc.
speppers	wow only 45?
tauruslady	Robin if you are having endo excised it could be awhile. Mine for cancer was about 3 to 4 hours, part of that was set up time of the system.
mjd2491	[b]But the good thing is, you won't care! You'll be asleep.
RangersFan	My surgery was a little longer because they waited for pathology before determining which lymph nodes to take out.
Kat618	most insurance companies just see it as a laproscopic same day surgery (less than 24hrs) so most cover it since outpatient mine does not even require precert
4getmenots	I have had chemo-induced menopause plus 5 years of Tamoxifen. I'm not completely post-menopausal so I must have oophorectomy/hysterectomy to continue on Aromatase Inhibitor for breast cancer. Will I feel any worse than I feel now once my ovaries are removed? I'm 46.
mjd2491	[b]Kat618 that's good info
speppers	what do you mean my excised?
robinfrommilw	he said he wouldn't do it laproscopically due to the csection
robinfrommilw	which was 12 yrs ago
mjd2491	[b]speppers - excised means removed
tauruslady	If you have been in chemo-induced menopause I wouldn't think so but ask that of your Dr.
trayne91	I would check that out since a couple of us here had both. Mine was 14 years ago and I had no problems whatsoever.
speppers	robin I wonder why?
Kat618	I have had previous abdominal surgeries and my doctors would not do it laproscopic but he can do it Da
trayne91	in fact. dr. didn't even flinch about it
Kat618	vinci
speppers	Mine was 16 years ago
tauruslady	Robin - daVinci Laproscopically is different than regular laproscopically. Is he trained in daVinci or standard laproscopic surgery?
robinfrommilw	15yr son was normal
robinfrommilw	first i heard of davinci
tauruslady	Check out the transcript and the link from the mainsite and do some additional research.
robinfrommilw	i belong to obesity help site and they gave me this great site
speppers	it was for me to .. my first gyn didnt even mention it . I found out about it on this site
trayne91	think he would rather do lapro or he'd be going over an old incision with scar tissue in that area, wouldn't he? I'm not sure, but that makes sense to me.
speppers	now I have it planned for the 18th
Kat618	FYI-I had 3 doctors tell me my only option was full abdominal and I did not want to do that again!! But I am a candidate for the davinci.
tauruslady	RangersFan may have found the same thing. I was told for my cancer it could only be abdominal and that was not correct.

robinfrommilw	my gastric bypass was done laposcopically
colliewoggles	I had verticle c-section (twins) and am candidate for DaVinci.
WordSurgeon	4getmenots: You should definitely ask your doctor about the right kind of hormones. There is a new study out about how the bio-identical kind are being used to fight breast cancer.
RangersFan	Actually, my regular GYN does daVinci and she mentioned it right off the bat.
4getmenots	Thank you. I will WordSurgeon.
fritzi64	We'll be closing the chatroom in about ten minutes
speppers	thanks for your help have a good night everyone
Lovingfun	Sorry to keep asking the same question but I would really like to know. If I need to bring all the stuff listed to the hospital
trayne91	you're welcome!
tauruslady	Ladies - I am going to leave you in the capable hands of the other hostesses and our remaining panelists. I hope this has helped all of you.
trayne91	I brought a change of clothes to go home in - comfy new pajamas
colliewoggles	Yes, very much, thank you.
trayne91	my glasses case and pillow for the car ride home.
RangersFan	I brought a change of clothes also, plus my contacts case
trayne91	my driver's license for admitting - which they never took
WordSurgeon	Lovingfun: I found the list very helpful and used just about everything
trayne91	I brought the chapstick and lotion, etc. but went home so fast I never used it.
RangersFan	and ALSO, I am lucky enough to wear dental braces, so I brought extra rubber bands.
trayne91	Oh, any my stuffed animals
fritzi64	the only things I used were chapstick and my ipod
Kat618	I will be going home 4 hours after the surgery, this is how my doctor handles all his surgeries, I am sooooo scared about pain meds to take home since everything makes me sick...what pain meds did they give you to take home?
Lovingfun	thanks for the info that helps me for my surgery next week.
RangersFan	Kat, I got Norco and ibuprofen
trayne91	I got percocet and ibuprofen
RangersFan	I have not taken any Norco, just ibuprofen
mjd2491	[b]OK..... I used FIVE things in the hospital
mjd2491	[b]Toothbrush, toothpaste, hair binder, comb, and my little notebook and pen.
mjd2491	[b]Oh, and a battery-operated alarm clock because I'm too blind to see the wall clock.
mjd2491	[b]lol
Kat618	rangers fan-realy JUST ibuprofen? That is what my doctor told me he thinks I will only take but thought he was kidding me.
fritzi64	my hospital provided me with a toothbrush--although I didn't know ahead of time that thye would
WordSurgeon	Kat618: They prescribed Percocet but they make me feel awful so I got Vicodin instead and that is a lot less "narcotic" on your body. But I never had to use them.
trayne91	best tips I got from this site where buying my body pillow - loved that when I got home and putting a chair in the bathroom by toilet to help me up and down from the throne.
Lovingfun	I'm planning to french braid my hair because it is fairly long.
Lovingfun	do you think it would be a problem?
mjd2491	[b]Kat618 - that's great. I'm so glad you didn't need more pain

	control than that.
RangersFan	Nope, it's for true, Kat. Most days I don't even take any ibuprofen.
mjd2491	[b]lovingfun - that sounds great
mjd2491	[b]They did wash my hair for me on the second day....
mjd2491	[b]It was wonderful
mjd2491	[b]I was able to shower, but washing my hair was tough so they did it for me.
4getmenots	Good night everyone! Thank you so much for your help! One more question: Has anyone kept their cervix for sexual reasons including pelvic floor support?
Kat618	you ladies have given me hope!!!! my worst fear is not the surgery/recovery but the stupid sickness from the pain meds I have had in the past
WordSurgeon	Lovingfun: good idea to keep your hair out of the way
trayne91	I had mine last Monday. I took the perc through Friday or Saturday and then only took ibuprofen over the weekend and now only the ibu when I think I need it - otherwise off everything.
mjd2491	[b]trayne91 - great.
mjd2491	[b]4getmenots - good question....
mjd2491	[b]I can tell you that I have not noticed any pelvic support issues without a cervix.
trayne91	I have no idea why he left it. After doing my own research I assumed for the support.
fritzi64	I took a couple percocet the week I returned to work
fritzi64	but otherwise I was on ibuprofen after the first week
mjd2491	[b]The cervix is really part of the uterus, and since I had fibroids, I really didn't want to keep the cervix because fibroids can grow on it.
WordSurgeon	4getmenots: I was going to keep my cervix for those very reasons but it had to come out because of my adenomyosis. Going into six weeks and have no problems.
trayne91	Oh - and stool softeners and gas pain meds - buy those and have them ready for when you get home.
mjd2491	[b]I didn't know I had a cervix and now I don't know it's gone.
RangersFan	LOL
trayne91	that's funny!
mjd2491	[b]I found that walking and water were the keys for my, a hem, "system".
robinfrommilw	one good thing about removing it no risk of cervical cancer :)
Kat618	ok, stupid question, if everything comes out through the vagina since my cervix will be removed does it stretch it out someone?? does it hurt there afterwards as opposed to just the incision pain/soreness in the belly?
trayne91	that's what I thought but looks like more reasons to keep. I guess. from what I read. If you can keep it. I'm no expert on that though.
mjd2491	[b]Kat618 -- no dumb questions here!
WordSurgeon	mjd2491: Yes, you are so right. Walking and water are our best friends during this, as always!
mjd2491	[b]Your vagina is a very strong, muscular organ and it won't stretch out.
RangersFan	Kat, I had everything out through the vagina. I feel bruised now but it's not too bad - I only really feel it when I wipe after I use the bathroom.
mjd2491	[b]Think about it -- it will grip a tampon and it stretches to accomodate a baby's head.
mjd2491	[b]It will go right back to where it was before surgery. :)

fritzi64	the vaginal cuff (where it was stitched up after the cervix was removed) hurt while it was healing
fritzi64	but it didn't hurt any worse than anything else did
trayne91	yes. and peppermint tea helped. And cranberry juice. I started that before surgery and continued after to release everything and avoid any uti infections from the cath. great advice.
Kat618	true, just was not prepared of the pain there as well. Good to know!
mjd2491	[b]For me, my pain was really centered around my incision. I couldn't feel the vaginal cuff at all -- and I didn't have any discharge whatsoever.
mjd2491	[b]So we're all different!
fritzi64	I had discharge for 5 1/2 weeks
trayne91	I was going to ask that.
WordSurgeon	It's also important to check your iron levels afterward. Mine were rock bottom after surgery and they put me on iron supplements. My energy then increased and I wasn't so tired anymore.
Lovingfun	Thanks for all the good information. I'm feeling better about things.
Kat618	what about bleeding?? do you have to wear a pad after for how long?
mjd2491	[b]Lovingfun - good.
trayne91	my paperwork says 3 - 7 days. I started with pink when I wipe on day 3 and still have it.
mjd2491	[b]Kat618 - I didn't need any pads -- not even in the hospital.
Kat618	so more discharge then bleeding then?
mjd2491	[b]I did have to deal with an incision, but if you have daVinci, that's not really an issue.
4getmenots	Thank you for your great answers! This is a bit off-topic, but has anyone had the TVT mesh procedure at the same time for urinary incontinence?
trayne91	I don't need a pad since it's only when I wipe - it's very light
WordSurgeon	I had minor spotting around Week 2 for about 12 days.
mjd2491	[b]No discharge, either.
mjd2491	[b]But some ladies do have discharge and/or bleeding.
fritzi64	WE'll need to get the chatroom closed up pretty soon.
fritzi64	I hate to be a downer :(
Kat618	this has been amazing!!! Thank you for doing this
fritzi64	Thank you for coming
mjd2491	[b]:)
fritzi64	We'll have a regular preop chat next week
Catherine	I found this very interesting tonight. I wish the daVinci procedure had been around when I had my surgery.
colliewoggles	Good night all!
fritzi64	featuring MJ as our guest speaker
mjd2491	[b]Hey, I think I'm on for that one!
fritzi64	It will be about a variety of surgery types
mjd2491	[b]Catherine -- me too, although I doubt I would have been a candidate.
WordSurgeon	Wishing everyone good health, successful procedures and happy healing!
fritzi64	my hospital has davinci, but my doctors weren't trained in it
Kathy	me too catherine
fritzi64	Thank you all for coming
Marietwin	thanks, enjoyed this chat!

fritzi64	and especially our panelists!
trayne91	yes - good luck to all of you! Speedy recoveries and successful surgeries to all!
4getmenots	Good night and thank you again!
RangersFan	Any time! I enjoyed it and am always open to questions!
fritzi64	Good to know, RangersFan!
robinfrommilw	gn everyone
fritzi64	goodnight Robin
Catherine	'night
trayne91	You're welcome! I just tried to squeeze in anything helpful to everyone.
trayne91	Good night ladies!
fritzi64	we southeastern Wisconsin women do that for each other, don't we?
mjd2491	[b]trayne91 -- thanks so much! and you too, RangersFan and WordSurgeon.
trayne91	I guess so. I'm just throwing it all off topic out there. I'm crazy like that.
WordSurgeon	Thanks to our moderators for doing such a great job!
trayne91	You're welcome. See you on the boards!
WordSurgeon	**
fritzi64	Face it--we're HysterSisters--we're ALL wonderful :)
Kathy	lol
mjd2491	[b]:)
trayne91	that makes me smile.
fritzi64	okay, the room is going to close
fritzi64	Rangers and trayne, go pamper yourself and get some rest, okay?
Catherine	Good night ladies :)
RangersFan	ok, night everyone!

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