

Pre-op Chat

March 11, 2010

Guest Speaker: tauruslady

fritzi64	Hi skeeter10 and TarHeelCass!
tauruslady	Hi TarHeelCass
tauruslady	Hi Skeeter10
skeeter10	Hello
tauruslady	Welcome to the pre-op chat
TarHeelCass	Hello (and thank you)
fritzi64	We'll be getting started in a few minutes, so feel free to play with your font color if you like :)
fritzi64	it's the little paint palette above the typing box
tauruslady	Hi Sol2010
tauruslady	Hello Redcrossnurse
tauruslady	Welcome to the pre-op chat.
fritzi64	Hi Sol2010 and redcrossnurse
Sol2010	Hi All, thank you for hosting this event for us
tauruslady	We enjoy it.
tauruslady	A good time to meet members, get questions answered. Hopefully calm jittery nerves
fritzi64	We really do--and we were pre-op once, too :)
redcrossnurse	Hi everyone, this is my first time here
skeeter10	It's my first time too
tauruslady	That's great.
Sol2010	as mine
fritzi64	We'll probably have a few more showing up soon.
fritzi64	Hi dedmurphy
tauruslady	While we're waiting to start you can check out the different font colors and things
dedmurphy	Hi
fritzi64	While we're waiting for everyone to get settled, why don't you tell us when your surgeries are scheduled?
tauruslady	The font colors are the color palette icon.
fritzi64	Mine was December 26, 2008
tauruslady	Hi Dedmurphy
redcrossnurse	I was just told yesterday that I needed to have a hysterectomy
Sol2010	i am scheduled for LSH next wed. 3/17
tauruslady	Mine was Nov 24th, 2008
fritzi64	oh, so you're really new to this whole thing, redcrossnurse!
tauruslady	Hey MJ
redcrossnurse	well thats a lucky day
fritzi64	Hi mjd2491
mjd2491	Hello ladies!
mjd2491	:)
Sol2010	i am sure hoping so
skeeter10	Mine is scheduled for May 10th but they are trying to move it up if they can get space in the operating room
dedmurphy	April 27
tauruslady	Dedmurphy - that's closing in on my birthday (April 30th)
redcrossnurse	i think mine will be in april sometime, feels like its happening fast
TarHeelCass	3/16 for me
tauruslady	Redcrossnurse - that is for sure when the wheels start rolling.

Sol2010	Sitting here with a heating pad, and popping vicodin (since i cant have motrin) it cant come soon enough
skeeter10	I feel the same way....wish it was sooner
redcrossnurse	i just had surgery in dec, for ovarian cyst and appendix
tauruslady	Hugs to you Redcrossnurse
redcrossnurse	thank u
fritzi64	Well, let's go ahead and get started.
redcrossnurse	the girls that are scheduled, what type are u having
Sol2010	October I had a fibroid removed, endimetrial ablation and essure....now adenomyosis with scarring that has closed off the cervix. But no regrets, i am glad they tried everything first
fritzi64	I'm sure we'll have some other women show up as we move forward.
fritzi64	Hi Winbox!
tauruslady	Hi WInbox
TarHeelCass	TAH 3/16
fritzi64	Welcome to our live pre-op chat!
Winbox	Hi all!
fritzi64	We are so excited that you are able to attend tonight's chat.
Sol2010	LSH 3/17
fritzi64	It was over a year ago that I was preparing for my own hysterectomy,
fritzi64	Yet I remember the anxiety, the questions, the worries, the excitement,â€
fritzi64	I was completely obsessed with HysterSisters.
fritzi64	I'm going to be the moderator tonight. I'll be spending much of my time behind the scenes.
fritzi64	Although I will pop into the conversations from time to time
fritzi64	Here's the way this chat will work!
fritzi64	Our guest for tonight is tauruslady, one of our hostesses.
fritzi64	She will introduce herself and will get us started talking about surgery types, just to be sure everyone's familiar with the terminology.
fritzi64	Hi Annas!
Annas	Hi
fritzi64	We also have mjd2491, another one of our hostesses in the pre-op forum.
redcrossnurse	hi annas
fritzi64	We will also transition through various topics that usually interest pre-op women.
fritzi64	Hi mrsmayberry
mrsmayberry	Hello.....
fritzi64	After our discussion of surgery types, we'll ask for questions aboutâ€
fritzi64	â€ preparing for surgeryâ€
fritzi64	â€ recovering at homeâ€
fritzi64	â€ hormonesâ€.
fritzi64	â€ returning to workâ€
fritzi64	â€ and a return to intimacy.
fritzi64	Hi Canteach and Butterfly1857
fritzi64	To help everyone follow the conversation, much of the chat will be moderated.
fritzi64	That means that when you post a question it will be held until it fits a topic of conversation.
fritzi64	I'll do my best to let everyone's questions through.
fritzi64	Please be patient with me, though.
fritzi64	If your question doesn't appear right away, . . .
fritzi64	. . . it's being saved for the time in the program when we will be

	discussing that topic, . . .
fritzi64	. . . by the time I see it to let it through, it doesnâ€™t make sense anymore (like, â€œMe too!â€), . . .
fritzi64	. . . or I press the wrong button on my screen (oops).
fritzi64	Or, my internet might start acting weird again--and if it does, I'll be back asap!
fritzi64	At the end of the chat, weâ€™ll remove the moderation for a while.
fritzi64	If any of your questions were not posted through, please feel free to ask them again.
fritzi64	It will help us to know a little bit about how youâ€™ve used HysterSisters so far.
fritzi64	Which of our resources have you used so far? Checkpoints? Videos? The forums? The Pre-Op resources page?
Canteach	Hi, Just registered today..op on Apr 6. Just getting used to the idea!
mrsmayberry	checkpoints, forums daily, hysters store
Sol2010	I think i live on the forums...i have reviewed the pre-op resources and checkpoints
Butterfly1857	I LOVE the forums! I have used the checkpoints.
Annas	the forums and tge pre-op page
TarHeelCass	Checkpoints/forums/resources...and the store
Winbox	Mostly forums...
redcrossnurse	Ive looked at the forums, store resources
fritzi64	Hi mava
fritzi64	Thatâ€™s great! It helps us get to know you a little bit more as we start into the next part of our chat.
skeeter10	I've been checking out the forums so far
fritzi64	The chat has now been set to â€œmoderated.â€
fritzi64	Tauruslady, it's all yours!
tauruslady	Thank you Fritzi64.
tauruslady	Hi! My Hystersisterâ€™s name is TaurusLady.
tauruslady	You can call me G since it is shorter than my full name or my screen name.
tauruslady	I am a hostess on the Pre-Op forum and act as a â€œcruise directorâ€ or â€œResident Assistantâ€ on some of the Post-Op Recovery Progress threads
tauruslady	I sometimes post on the Cancer Care forum with endometrial cancer questions.
tauruslady	I am married, almost 30 years now. No children.
tauruslady	I work in Information Technology. I have Project Managers and Help Desk personnel that report to me.
tauruslady	I was unexpectedly diagnosed with endometrial cancer after a D&C. I had very little time to find out about surgery, recovery and what to expect.
fritzi64	Hi nuttygal
tauruslady	It ended up 3 weeks from diagnosis to surgery.
tauruslady	I remember in my Pre-Op time that I was terrified of what was going to happen after surgical menopause.
tauruslady	Also would there be more cancer and just overall how was I going to cope.
nuttygal	Hello
tauruslady	I had a daVinci Robotically Assisted Laproscopic surgery.
tauruslady	It was a total hysterectomy removing uterus & cervix
tauruslady	Both ovaries and tubes were removed as well; along with lymph node dissections (pelvic and peri-aortic) and a pelvic wash to look for any possible cancer spread
tauruslady	As all of you have said I found the Hysterectomy Checkpoints and the forums very, very helpful!

tauruslady	Well enough about me, now I have a question for you.
tauruslady	What kind of surgery are you going to have?
TarHeelCass	TAH
Butterfly1857	I am having a TAH...not sure about which incision.
mrsmayberry	TAH with ovaries and tubes removed 4/13
tauruslady	A TAH is a total abdominal hysterectomy meaning the uterus and cervix will be removed abdominally
tauruslady	The incision might be horizontal or vertical.
tauruslady	Notice when I said that I didn't say anything about the tubes and ovaries
nattygal	Either Lap, or tah, I have my pre-op appt in 2 weeks, and she'll determine then
skeeter10	I'm not familiar with some of the terminologies used ...TAH for example. I'm having a full including ovaries and cervix and the incision will be across the bikini line
tauruslady	So when you talk about tubes and ovaries you might see BSO
tauruslady	That stands for Bi-lateral --- both sides
jharing	TAH also for me. cervix, ovaries, tubes
mrsmayberry	hoping for horizontal thru old Csection
Canteach	TAH & BSO..vertical incision
nattygal	ahh thank you
tauruslady	salpingo (tubes) oophorectomy (ovaries)
skeeter10	What is tah
tauruslady	TAH is total abdominal hysterectomy
skeeter10	thanks
tauruslady	I really want to stress that total does not mean ovaries and tubes it means cervix & uterus.
Sol2010	LSH
dedmurphy	diVinci
redcrossnurse	dont know yet, hoping for davinci
tauruslady	Okay LSH that is a laproscopic surgery.
Butterfly1857	im hoping 4 bikini but my fibroids & uge cervix might not agree
Sol2010	I am having tubes removed, but ovaris and cervix remain
tauruslady	There are several styles of laproscopic surgeries
tauruslady	Regular laprscopic where the surgeon handles the instruments and the camera is hand-held
tauruslady	DaVinci or robotically assisted where the surgeon sits at a console and controls the instruments that are on the robotic surgical system.
skeeter10	I was hoping for laproscopic but because of the size of a cyst on my right ovary (12 cm) he needs to do an incision
tauruslady	A few people have a Single Inclision laproscopic surgery
nattygal	not sure if my doc can do the davinci
tauruslady	SILS - they put a port in your bellybutton with 3 holes in it and put the instruments through those holes.
jharing	I'm having a laproscopic with vaginal hysterectomy...at least thats the plan
tauruslady	So if you see dvh or ralh that is a davinci hysterectomy or robotic assisted hysterectomy
jharing	oh...oops guess I'm not sure what the acronyms are for what I'm getting.
mava	Mine will be vaginal....for endo. hyperplasia with atypia
tauruslady	There was an LSH - so we know that's a laproscopic hysterectomy
tauruslady	The s stands for supracervical.
Annas	I dont know the acronym. Complete and total...cervix, uteris and ovaries
redcrossnurse	i have been referred to a gyn-oncologist, because of the adhesions and endometriou

tauruslady	that means you are keeping your cervix
tauruslady	Annas - is it abdominal or laproscopic
tauruslady	If it is abdominal you are having a TAH BSO
Annas	laproscopic
Canteach	depending on biopsy during surgery I may also have lymph nodes removed and debulking...hop not though!
Canteach	A gyn-oncologist is doing mine too
tauruslady	If it is laproscopic it could be a RALH BSO
TarHeelCass	If you are only having ONE ovar/tubey removed--what is the singular form of BSO??
tauruslady	if it is done by the daVinci system.
tauruslady	TarHeelCass - great question.
tauruslady	Now you go to teh side of the body
tauruslady	If it is the right side it is an RSO or left side is LSO
tauruslady	meaning the tube and ovary on that side
mava	Canteach....I have the same situation and hoping for the best!
tauruslady	Is there anyone having a TVH?
tauruslady	That is a total vaginal hysterectomy.
fritzi64	That's what I had, a TVH
tauruslady	Fritzi, do you want to tell our members what that means?
fritzi64	Sure!
fritzi64	A TVH is a total vaginal hysterectomy.
fritzi64	It's total, because the uterus and cervix are both removed.
fritzi64	There are no external incisions at all. Everything is pulled out through the vagina.
Canteach	Good luck mava . Since I got my date I am so focused on the surgery I haven't been stressing as much about the possibility of cancer
mava	I guess that's what mine is...uterus and cervix....maybe ovaries if biopsy warrants
tauruslady	Mava - so that's a total hysterectomy
tauruslady	It would depend on how it is being done whether you would add the A for abdominal - TAH
mava	I can't spell! Thanks Canteach...good luck to you as well...my date is the 23rd. and thanks ...taurus lady
jharing	I'm definatley ready for mine...next wednesday it'll be done
nattygal	If they take one of the ovaries, do they take the tube as well?
tauruslady	or some form of L or D for Laproscopic or daVinci DVH RALH or LAVH
nomorebleeding	My Dr. is very against taking out the cervex am 38 no history of abnormal paps. What do you think?
tauruslady	Nattygal - I think they usually do but can't say for sure.
tauruslady	NoMoreBleeding - most of us here think if it is healthy leave it but there are possible things to ask about
tauruslady	If you keep your ovaries you could have mini-periods
tauruslady	So will the Dr cauterize the cervix so it won't bleed?
nattygal	Bleeding, I've had the abnormal paps, and she hasn't said anything about taking mine out
redcrossnurse	my doctor is taking the cerviix
mrsmayberry	I wanted to keep my cervix but Doc said take it now, no worries about taking it later, jeez
nomorebleeding	what is a mini period
jharing	same here
tauruslady	We have some pre-op articles on that and you can talk to your Dr. about it.
tauruslady	Mini-period is slight bleeding when you have your period.
mava	Is that mini-periods with your ovaries and a cervix or without?
Winbox	How do you have mini periods if you dont have a uterus?
tauruslady	If you keep your ovaries and aren't menopausal you will still ovulate

stren003	I am scheduled for Davinci TLH and TVT this Monday. Had pre-op today, so it is close. Getting pretty nervous, but I LOVE this site! They are taking my cervix eich ishealthy. I am 36
tauruslady	Your cervix is part of your uterus and made of the same endometrial tissue so it can spot bleed
tauruslady	some say light pads, some say just pinkish on TP.
tauruslady	Stren003 - that isn't unusual but you want to make sure you are comfortable with it.
fritzi64	The mini-period is a concern only if you keep both the cervix and the ovaries. If you have the ovaries but no cervix (like me), there will be no mini-period.
nuttugal	I was wondering the same thing winbox
Sol2010	my cervix is scarred closed from previous procedures. should this affect anything? like if there is post procedure discharge what happens to it?
TarHeelCass	but if one ovary and no cervix--- still "mini periods" or no?
tauruslady	TarHeelCass - no periods but can still ovulate
fritzi64	TarHeel, if there's no cervix, there's no mini-period at all
stren003	sorry...meant to say cervix which is healthy. Leaving ovaries though
tauruslady	Sol2010 not sure that I'm following the question.
tauruslady	Post procedure discharge comes from the healing and incisions.
tauruslady	Ohhhh one thing
nomorebleeding	do u have to ask for the cauterize of the cervex
tauruslady	When they take your cervix out and stitch the vagina at the top that is called a vaginal cuff.
tauruslady	So your healing vaginal cuff will create some spotting or discharge as stitches dissolve.
tauruslady	NoMoreBleeding - talk to your Dr. to ask them what they are going to do about it.
tauruslady	Technically your closed vagina is called a Vaginal Vault.
fritzi64	We're going to start moving onto your questions about preparing for surgery.
tauruslady	Some Dr.s will continue to do pap smears others don't (they will if you have a cancer diagnosis).
mava	fritzi64...did you say you kept your ovaries? how long was your recovery time and any bladder problems...more so with vaginal vs. lap?
fritzi64	Yes, mava, I kept my ovaries. My initial recovery time was about 4-6 weeks, and my bladder doesn't act any differently than before my surgery
Sol2010	so the discharge is not coming from the previous uterus site?
Sol2010	My cervix is closed due to scarring...nothing can exit uterus....how does the discharge leave if the opening is not there? sorry i cant explain it better
tauruslady	Sol - is your Dr. taking your cervix.
fritzi64	Some of you have been posting some good questions about hormones and recovery. We'll get to those in a while. What questions do you have about preparing for your surgery?
fritzi64	This might include things around the house, medical appointments, and so on.
tauruslady	If they are they will cut the cervix out of the vagina and cut the tendons hold the uterus in place.
mava	thank you :)
Sol2010	no
mava	pre-op.....any advice on taking supplements...vit c, iron, etc.
tauruslady	So your's is supracervical?
Annas	I'm terrified.

tauruslady	You may not have any discharge
Annas	How do you emotionally prepare for a surgery that will change your life like this? I wanted another child. I'm almost angry.
tauruslady	Terrified is normal "hug"
Sol2010	yes it is
tauruslady	Angry is normal too.
tauruslady	Sol2010 - So since it is closed all your healing will be from the external incisions and the internal incisions.
fritzi64	Annas, we have a forum called Aching Hearts that is specially designed for helping you deal with the emotions of the loss of the uterus.
tauruslady	Mava - check with your Dr. about what you can tak up to how long before surgery.
Butterfly1857	When shuold pre-op appt be?
Winbox	My hemoglovin is really low. I assume I should be supplementing alot, no?
mava	i'm with Annas....have been listening to relaxation CD....have heard that the more relaxed you are the less pain you will be in
nuttygal	I think I'm more scared then anything right now. The realization that it's major surgery hit me last week..
tauruslady	MOst have you stop 7 to 10 days before surgery.
Sol2010	Thank you for helping to clarify that
Butterfly1857	I've always wanted a nother child...never got the nerve...but wanted one. I'm ANGRY too!
tauruslady	Sol - NP, what we're here for.
tauruslady	Butterfly - pre-op is usually a couple of days before surgery.
tauruslady	Winbox - check with your Dr.
mrsmayberry	my preop is day before
mava	any advice for the pre-op testing appt.? good questions for the anesth.? I have mitral valve prolapse and am concerned with going under
tauruslady	Mava - at your pre-op make sure you tell the anesthesiologist
nomorebleeding	advil ??
mrsmayberry	I want to make sure they know I get very sick after anesthesia
tauruslady	If you don't see them at pre-op than when you are in the prep area before surgery tell them at that time.
Sol2010	my preop is also day before...so i called and asked about stopping motrin...glad i did
tauruslady	I would have the pre-op people at least mark it on the chart
tauruslady	MrsMayBerry - there are things that they can give you now to stop the nausea.
fritzi64	mrsmayberry, I get sick with anesthesia and morphine, so I had an anti-nausea patch and something in the IV
nuttygal	same here.. not pretty
tauruslady	Tell them at pre-op and tell them day of surgery.
nomorebleeding	i have been taking lots of advil for pain? dr did not say anything about stopping b4 surgery but I thought you are not supposed to take that b4 any surgery due to bleeding
mrsmayberry	what do you not want to forget to take to the castle
tauruslady	NoMoreBleeding - you could check with your Dr. better safe than sorry.
tauruslady	Also for stress before surgery you can talk to your Dr. about possibly an anti-anxiety med like xanax
nomorebleeding	trying to understand can u take the advil or not and if not when should u stop please clear up??
tauruslady	That helped me a lto.
fritzi64	nomorebleeding, I was told to have no ibuprofen for the week before

	the surgery
tauruslady	NoMoreBleeding - those specifics are up to your Dr.
mava	if you dont' know if you get sick with anesth....should you take it anyway as a precaution? i just don't want more meds than needed
Sol2010	i have read any where from 3 days to 2 weeks for no NSAIDS...when i called my doctor he said none after Friday for a Wed. Surgery. No one had said anythign prior to that.
mava	nomorebleeding....i've heard that you should stop taking advil
mrsmayberry	yep, just wanted others to know to inquire
tauruslady	MrsMayBerry - for me I was only in 1 night so didn't need a whole lot
Butterfly1857	I'm worried abt going under also...scared of not waking up
tauruslady	I found my CD player with relaxation tapes were helpful
Annas	Is it possible that some of the pain Im experiencing now is just a reaction to stress about the surgery?
tauruslady	Annas - could be, body does wild things under stress.
nomorebleeding	ok thanks ladies
Sol2010	did you bring that to the hospital? the CD Player and relaxation tapes?
mava	we can be scared together butterfly! the unknown is the hardest
Canteach	Anything special an older woman needs to know re: pre-post op. I am 56 already menopausal. Juts wondering if tht will affect my recovery
tauruslady	Mava - you could ask the anesthesiologist what they recommended about anti-nausea meds if you aren't sure.
tauruslady	SOL - yes I did.
tauruslady	I had my husband (DH) keep them until I was in my room (actually he left all that in the car) and brought it to my room.
tauruslady	I did have a private room which I was very happy about.
tauruslady	Canteach - don't think so other than that if they are taking your ovaries you might experience some menopausal symptoms again.
fritzi64	Canteach, I was still pre-menopausal when I had my surgery so I can't help you. That would be a great question to ask in our pre-op forum, though.
nomorebleeding	ok so what should we take to the hospital??
tauruslady	My mom was 87 when she had hers and my sister was 62 and no issues.
stren003	What groceries should I get beforehand, to eat when I return home?
tauruslady	NoMoreBleeding - part of it depends on number of days.
peapodd33	Going to castle tomorrow for TAH/BSO after years of bad endo pain! Excited, but terrified!
Canteach	I didn't have much trouble with menopause...mostly insomnia and hot flashes. Never took HRT so hope it won't be any worse..
tauruslady	There is some information in the Hysterectomy Checkpoints on what to pack.
jharing	I hope that I have a private room. I'm only to be there over nite but even that would be better in a private room.
mrsmayberry	hugs
tauruslady	Lip Balm (although my hospital gave it to me_.
tauruslady	Jharing - you can ask about that when you do your pre-op
mrsmayberry	get meds you will need at home before
peapodd33	Hi everyone, just joining in here - saw the chat was up.
tauruslady	Tummy pillow for ride home so you have it between you and the seatbelt, take that to the hospital
TarHeelCass	will the hospital give me a little pillow to hold against my tummy or do I have to bring one?
jharing	oh..ok, doing that this saturday. thanks!
mava	hi peapodd good luck tomorrow!
tauruslady	some have recommended having the hospital give you a pain pill

	before trip home because any bumps you'll feel them.
tauruslady	TarHeelCass - I brought mine with me. Hospital didn't have one.
tauruslady	Although I'm guessing they could have given me a regular pillow.
fritzi64	I took two bags to the hospital.
tauruslady	Stren003 - as for food after
fritzi64	One, with the essentials (chapstick, iPod) went inside with me.
fritzi64	The other stayed in the car, just in case I needed to have my husband go get it for me.
tauruslady	first few days you'll want things that will help you get moving again - -- fiber items that sort of thing
mrsmayberry	I just ordred a micro bead pillow
tauruslady	OTherwise I had no food restrictions, you just don't want anything that will constipate you.
fritzi64	As we're getting this wrapped up, start sending in your questions about what to expect at the hospital.
tauruslady	Beforehand cook and freeze meals so you can just microwave them. Or better is whomever is helping you can microwave them.
mava	question.....do they use carbon dioxide for a vaginal hyst as they do in lapro?
peapodd33	thanks mava! I've been in the hospital many times before for abdominal surgeries- what people mention are the best to bring/ prepare: lip balm, lotion, your own pillow, drink a LOT of water!
Sol2010	I expected to go home same day...should i bring an extra bag in the car just in case i need to stay the night?
nuttygal	how logn is a typical stay?
tauruslady	Sol2010 - check with your Dr. some 24 hour procedures are still overnight as long as you aren't in for more than 24 hours.
Snoozan	Has anyone heard of an epidural before going under for surgery!?
tauruslady	Nuttygal for laproscopic usually 1 night
tauruslady	WHen I thought mine was going to be abdominal they said 2 or 3 nights.
mrsmayberry	how long does recovery /waking up average from anesthesia take for TAH
tauruslady	Snoozan - there are members on the site that had epidurals, I did not.
Canteach	My doc says I'll be in for 4 days
mava	what types of pain meds are used...in hospital and then over the counter?
tauruslady	Remember anything like glasses and the like you should give to whomever is ther with you to take to your room.
tauruslady	Mava - all different sorts --- morphine, toredol (sp)
mava	can explain a bit about the vaginal packing....how long is it in for?
peapodd33	i'm having TAH/BSO and my doc said 4 days as well
mrsmayberry	mine says 3
Snoozan	Mine said 3 - 4 days.
jharing	my dr. said that she will start out with lapo but may have to do the bikini cut if then endo makes it difficult to do it lapo. What is the duration of stay for that time then if they have to do a bikini cut?
mrsmayberry	how long does the catheter stay in
tauruslady	Percocet and that sort of drug are prescribed for home and than you go over the counter
tauruslady	Heed the warning - Stay ahead of the pain, don't try to tough it out.
fritzi64	mrsmayberry, my catheter stayed in from 7:30 am (time of surgery) until about 6 the next morning. It wasn't removed until I was able to walk to the bathroom.
Sol2010	When i had procedures in October, they gave me a case for my glasses and took them into the OR, then i got them back in recovery. it was nice to be able to see :)

Butterfly1857	I'm having a TAH. my dr said 3-4 days
mrsmayberry	ugh
tauruslady	Mava - the vaginal packing is a Dr. specific thing, I didn't have any.
fritzi64	I loved the catheter. I didn't have to worry about getting up to pee. I could just rest.
Snoozan	I apologize for being later and just jumping in. Hi. thank you for having me!
Sol2010	Does the Catheter hurt?
tauruslady	JHaring - the bikini cut is abdominal so that could be 2 to 4 days.
jharing	how soon do they have you up and walking around after the surgery?
fritzi64	Sol2010, the catheter was inserted after I was asleep, and I didn't even notice it after I woke up.
mrsmayberry	does removing it hurt???????
fritzi64	The removal felt weird, but definitely not painful.
tauruslady	Jharing - within a few hours. My overnight nurse was upset that I wasn't walking when she came on at 11pm (I got to my room at 3pm) the afternoon nurse never did it.
mrsmayberry	is throat sore after surgery? succrets?
tauruslady	Only time I had pain from my catheter was when it airlocked and urine backed up in my bladder and pressed on all the incisions. That was not fun. SO when in doubt ask!!!
fritzi64	Ow!
TarHeelCass	does everyone get external staples and steri-strips with a TAH?
tauruslady	I didn't have a sore throat after surgery so can't help on that one
Butterfly1857	why is throat sore?
tauruslady	Fritzi - major owwww -went gray!
fritzi64	Fortunately, that doesn't happen very often.
tauruslady	Butterfly - a tube can be put down your throat for breathing.
tauruslady	Fritzi - you are correct, it was unusual.
fritzi64	Butterfly1857, the throat is sore because during the surgery there is a tube that helps keep your oxygen levels good
mava	did any of you have the need for blood transfusions?
Snoozan	I understand what is being done and why but can't shake the bad scared feeling.....please tell me how to mellow.
tauruslady	Mava - I did not - daVinci's are typically considered bloodless surgeries since they cauterize as they go.
tauruslady	Snoozan - Relaxation CDs, xanax for anxiety and if you like wine a glass of wine :)
fritzi64	((Snoozan))), I'm sorry you're feeling so scared. It's totally normal, but knowing that doesn't make it better.
fritzi64	Some women find it helpful to focus on the life they're going to be living a year after surgery.
peapodd33	i've had sore throat everytime I had intubation for anesthesia - but hydrate a lot and use succrets or hard candy IF your doc okays it - it's not too bad...
Snoozan	should we have our own blood on hand in case needed?
jharing	my doctor said that she is going to be giving me antibiotics before the surgery...will that prevent against staph and other infections?
Butterfly1857	I'm on iron supplements. So hopefully no tranfusion for me!
tauruslady	Snoozan - you can ask but that is rare.
fritzi64	I had no blood transfusion, either
mrsmayberry	I get transfusions every friday so am expecting some seious units in surgery
tauruslady	JHaring -that is the reason they do it, my surgeon also dropped antibiotics in my IV.
fritzi64	What other questions do you have about what to expect at the hospital?

fritzi64	Our next topic will be the early recovery at home. Some of you have already submitted some great questions for that.
mava	what about the "booties"how else to prevent blood clots?
Butterfly1857	Can my 15 yoa son visit?
tauruslady	Mava - walking
mjd2491	Butterfly -- yes, he'll be able to come see you
tauruslady	A little bit of walking - couple minutes, every hour or 90 minutes. Moving your legs.
fritzi64	Butterfly, my kids were 13 and 16 at the time of my surgery, and they came to visit. I would suggest that you prepare your son to see you with all sorts of tubes and things.
mjd2491	My ds was 3 and he was able to come
jharing	yea thats what she said that she would be doing. putting it into my IV b4 the surgery
nuttugal	how long are you typically on a clear liquid diet?
mrsmayberry	pain pump or anything else noisy in room
tauruslady	Nuttugal - before the surgery it was 1 day for me.
Sol2010	How do they know when you are ready to go home from a laproscopic procedure?
tauruslady	MrsMayBerry - since I was in a private room the only noisy thing was the boots.
mjd2491	sol2010 - there are usually milestones they'll talk to you about
fritzi64	I also had a noisy blood pressure pump
mjd2491	But passing gas and peeing normally are definitely "in the mix"
mjd2491	Or at least they were for me LOL
Snoozan	how do they know when you are ready to go home?
tauruslady	MJ - I agree :)
mrsmayberry	anyone told to get raised toilet seat and if so what the heck?
tauruslady	Walking, peeing and at least passing gass.
peapodd33	recovery @ home: i have a lot of pets - I was planning on pillow and/ or tray table over my abdomen at all times - any other suggestions?
nuttugal	is a BM one of the criteria?
mjd2491	Snoozan - When you're able to eat, drink, and pee!
fritzi64	nuttugal, it wasn't for me.
mjd2491	:)
mjd2491	For me, it was 3 days
tauruslady	MrsMayberry - if you can they are very helpful. If not have a chair by the potty so you can use the back of it to push your self up. Save your abs.
mjd2491	For most it seems to be between 1 and 4 days
fritzi64	I didn't have my first post-op poop for 5 days, and I'd been home for 3 days by then
mava	sounds like fun :)
jharing	ARE stairs a problem once your home?
mjd2491	Oh, my first post-op poop was on day 7 or 8..... the story is a legend. ;)
tauruslady	Nuttugal - BM was not a prereq for me leaving the hospital but had to pass gas
mjd2491	jharing - I could do steps, but at first I was told to take it very slowly because I wasn't as steady on my feet at first
fritzi64	Quite a few of you have submitted questions about the post-op drainage/discharge. Rather than send each question through to clutter up the screen, perhaps mjd2491, tauruslady, and I can share our experiences in that regard.
mjd2491	With me, I didn't really even have to pass gas -- they just listened for bowel sounds
Sol2010	What is the problem with peeing?

Snoozan	good question...i have pets that love curiling up on my tummy...
nuttygal	OUCH.. not fun
fritzi64	I had a TVH, and I had discharge for nearly six weeks post-op.
tauruslady	Bladder spasms because your uterus is between your bladder and intestines, it doesn't like getting moved around.
fritzi64	That's longer than many have. It had stopped, but it started up again when the stitches in the vaginal cuff were trying to come out.
mjd2491	I had a TAH and panniculectomy (a procedure to remove fat and skin) and I had absolutely ZERO discharge. None at all... at least from the vagina. The incision was of course a completely different matter. ;)
jharing	ok good. because I have alot of them.
mrsmayberry	ugh
Snoozan	thanks
tauruslady	I had the Robotic Assisted Lap and I had very little discharge. It was maybe spotting for a couple of weeks.
nuttygal	Bizarre ?? are "Granny panties the best underwear to wear post-op?
mjd2491	nuttygal -- well, I'd expect nothing BUT bizarre from you, given your name!
mjd2491	But seriously.... ;)
tauruslady	I did pop a stitch about 3.5 weeks out and then I bled a bit, freaked me out but since I wasn't soaking a pad the Dr. said prop your feet up and it should all be good.
mjd2491	I admit I did NOT wear undies for several weeks after surgery
jharing	the anesthesia in other endo surgeries had caused me to not be able to pee until they inserted a catheter and i finally pee'd
nuttygal	haha thank you
Canteach	My bladder is being squashed by the cyst so i am sure it will take some time to settle back into place
mrsmayberry	do you need BIGGER panties after surg?
mjd2491	I had surgical drains and I also had an abdominal binder. I just clipped the drains to the binder and undies just seemed to be too much trouble
fritzi64	I didn't wear any different underwear than I had before (but since I'm not exactly a thong kind of gal, that wasn't a problem)
jharing	is there much bleeding afterwards?
nuttygal	gotcha..
mava	with no incision to check for a TVH....how does the follow-up check-up go?
tauruslady	Nuttgal - for my type of surgery if and when I wore them I wore bikini ones that went under my incisions
nuttygal	is the binder normal?
mjd2491	jharing - I didn't bleed either, but my incision did leak quite a bit and I had to have my bandages changed twice a day for several weeks
tauruslady	I lived in night shirts and when I wore pants they were extra baggie sweats.
fritzi64	mava, my post-op appointment included an internal exam--which did NOT hurt at all!
Sol2010	Does everyone have pain from the CO2? From your experiences.
tauruslady	Nuttygal - I think the binder is more for abdominal surgerys.
mjd2491	I wore loose-fitting sundresses for many weeks after my surgery.
stren003	can you talk about the odor that some women get from the vaginal cuff as it heals? I am really nrevous about that
tauruslady	SOL - I had very little pain, in fact I thought someone had given me a vaccination.
mava	thank goodness...fritzi...what it the abdominal binder?
mrsmayberry	I asked my doc today if they give me a binder or should I go buy one, he said no, ?????

jharing	what is the best thing to wear home from the surgery. the most comfortable that is?
tauruslady	It took me a bit to say "oh that's the CO2 pain" but others have had a lot of pain.
mjd2491	stren003 -- I didn't notice an odor from my vagina... but yes, the incision does get a bit "gamey" for a while.
fritzi64	jharing, I wore the same thing home that I wore to the hospital-- baggy sweats, a sweatshirt, and slip-on shoes
mjd2491	hjaring - I wore a loosefitting dress and slip-on shoes home from the hospital. (The same thing I wore to the hospital, in fact!)
jharing	so what is the recovery time for a laproscopic hysterectomy?
nuttygal	One of my biggest concerns is the recovery. Is getting up really that hard? I have 4 herniated discs, and that's what scares me the most
mjd2491	That way I didn't have to "step into" anything
mjd2491	Which was a very, very good thing!
tauruslady	Stren03 - I don't remember the odor. It is from the dissolving stitches and such but I don't remember it :)
Canteach	other questions: when will I be able to drive? When will I be able to go swimming?
jharing	yea that sounds like a great idea
mjd2491	nuttygal -- I found that I didn't lie down for several weeks. I actually slept sitting up on the couch for a while, because I just couldn't bear the discomfort of lying down and sitting/standing up.
mjd2491	But then again... I had a hip-to-hip incision
tauruslady	JHaring - for me the initial recovery time was stated at 6 maybe 8 weeks (remember I also had lymph node dissection). I went back to work at 6 weeks, was exhausted for another 2 to 4 weeks
fritzi64	Canteach, I was told that I could drive once I was off the pain meds and could stomp on the brake
mjd2491	Canteach - many docs will say no driving while on pain meds....
tauruslady	Full recovery can take 6 to 12 months. I would say I started using the word normal at about 11 months.
fritzi64	I drove about a mile 10 days post-op, and it just felt too jiggly
stren003	Thanks Ladies...gotta go night night! Best wishes for all our upcoming trips to the castle!
TarHeelCass	when they make you get up and walk at the hospital, do you wear the footies they give you or your own slippers. I'm a klutz...I need the best non-trip choice
mjd2491	I also think you should wait until you have your concentration back. You'll be amazed at how "unwell" you might feel for a while
fritzi64	Good luck, stren003
mjd2491	I felt like I was getting over a horrible flu! Exhaustion, just didn't want to deal with stuff.... and that's no condition to drive in.
fritzi64	TarHeel, I was allowed to wear my own slippers
Sol2010	So my doctor saying 1 - 2 week recovery for LSH might be a bit optimistic?
Canteach	Makes sense.re: driving. Hope I don't get cabin fever!
tauruslady	CanTeach - swimming if you had cervix removed, I would think 6 to 8 weeks.
tauruslady	YOur Dr. can tell you, they don't want moisture in the area to cause infections.
mjd2491	Remember, too -- you'll have to look over your shoulder, maybe do some sharp turns... you might want to go for a dry run in your driveway. Practice "driving".
fritzi64	Let's start in with your questions about hormones.
nuttygal	If only one ovary is removed do you still have enough hormaones so that you don't have to be put on HRT?

jharing	How about hormone replacement? Once I have my surgery i will be in menopause. Any thoughts on which is the best?
mjd2491	I couldn't wear my own slippers for liability reasons. Too bad, I had some really cute ones.
mjd2491	nuttygal - good question
tauruslady	Sol2010 - some do have a 1 to 2 week initial recovery for LSH
mjd2491	Remember, your remaining ovary may "go to sleep" for a while after surgery and not function properly
tauruslady	You don't have the vaginal cuff incision so that helps a lot.
mjd2491	So you may have menopause symptoms like hot flashes for a short time
tauruslady	Some on the site tend to 3 to 4 weeks.
fritzi64	My ovaries went to sleep, and I was prescribed a low-dose ERT.
Butterfly1857	The DR couldn't see my ovaries. If they are remove how long b4 menopause?
mrsmayberry	if everything is removed do you start HRT in thr castle
mjd2491	Usually, the ovary "wakes up" again and things are OK. And the answer is, you probably won't need HRT at least for a while
tauruslady	JHaring - the HRT thing is really, really personal in how you react since everybody's physiology is different.
mjd2491	(until you go into menopause naturally, assuming you want to be on HRT then)
tauruslady	What works for me might not work for you....so it's sort of trial and error.
TarHeelCass	so if you have 1 ovary and it is dormant after the surgery will you need temporary HRT?
nuttygal	how logn are they asleep?
tauruslady	MrsMayberry - some do start HRT in the castle.
mjd2491	Even if you find your ovary doesn't work (or fails altogether) you may not have that many symptoms
tauruslady	TarHeelCass - you might
mjd2491	TarHeelCass -- yes, the doc could do that for you
fritzi64	nuttygal, my ovaries didn't seem to wake back up until 9 or 10 months post-op
mjd2491	I'm 5 years post-op and my ovaries never missed a beat... until recently. But then, I'm 50 now!
tauruslady	Nuttygal - some say 2 or 3 months.
fritzi64	but I was 44 and had already begun experiencing some signs of menopause, so my surgery might have just confused them a bit too much.
jharing	do they begin giving you something in the hospital or is it a few days later that all the wonderful symptoms begin?
nuttygal	wow, I was hoping maybe a month, if that long
Sol2010	Is it possible for teh ovaries to fall asleep if you are keeping both
Butterfly1857	How can you tell that your ovaries woke up?
tauruslady	Man - I was 50, not perimenopausal at all and it hit me hard.
mjd2491	Sol2010 - yes.... it may disrupt the blood supply to the ovaries
mjd2491	Everyone's different
mjd2491	Like I said, I noticed nothing
fritzi64	Sol, I kept both and they went to sleep. And Butterfly, I could tell they were waking back up when I began experiencing monthly mood swings
tauruslady	Jharing - depends on the Dr. and on the person.
mjd2491	I could still feel myself cycle every month
fritzi64	I'm going to let a few other recovery questions through.
fritzi64	And then we'll begin with questions about a return to intimacy (with a reminder that this is a PG-rated site).

jharing	i wont have any ovaries so which is the best hormone to take?
jharing	how about working out. how long till you can work out? I'm a runner so I want to get back to it asap
mrsmayberry	what about meals postop, my hubby & I are alone here and i will be recovering alone during the day after 2 days home
dedmurphy	Are some fibroids too big to be removed vaginally?
mjd2491	jharing - there's no one answer on HRT. There are dozens of different therapies
mjd2491	Your doc will work with you to find the best therapy and dosage for YOU
mjd2491	:)
tauruslady	Jharing - on the work-out end of things, probably 4 to 6 weeks and they will let you do light walking depending on your type of surgery.
fritzi64	dedmurphy, I think that's possible, but you'd have to ask your doctor to be sure
mjd2491	dedmurphy - yes... sometimes
Sol2010	Ok, silly question...the eggs are just absorbed when you ovulate?
tauruslady	MrsMayberry - anything you don't have to reach for and you don't have to lift over the weight of a gallon of milk.
mjd2491	But also, they sometimes cut the fibroids up. It's often more the overall size of your uterus which determines if it needs to be abdominal
fritzi64	I've just removed the moderation from the room :)
tauruslady	There is an article on recovering alone in the pre-op area that might help you.
mjd2491	And honestly, I haven't seen very many women whose surgeries were converted to abdominal
mjd2491	:)
tauruslady	Sol - yes they are reabsorbed
fritzi64	So, what questions do you have about a return to intimacy?
Butterfly1857	Is vagina shorten?
mjd2491	Butterfly - no.
jharing	does the removal of your cervix affect any intimacy problems?
tauruslady	Unless you have a radical hysterectomy due to cervical cancer it should not be.
mjd2491	right
TarHeelCass	What "anchors" one remaining ovary so it stays where it should??
Butterfly1857	Will I still want to have sex?
mjd2491	Your vagina will be almost the same length as it was before
dedmurphy	I was thinking if a baby can come through there, the fibroids could too.
booter49	I don't want to go through any of this. I am one week out today from surgery. Felt pretty good until my doctor rushed through my pre op appt and then they had the wrong EKG and birthdate on my paperwork for pre admission. am having second thoughts
mrsmayberry	what keeps it in place?
tauruslady	JHaring - depends on the person. I had issues because I liked to have it bumped during intercourse and it's not there now, I've been getting over it.
fritzi64	TarHeel, my doctor attached the ovaries to the vaginal cuff
fritzi64	Everything was anchored using ligaments that had been holding the uterus in place.
mjd2491	Butterfly -- wish I had a one-size-fits all answer to that!
mjd2491	The true answer is everyone is different when it comes to post-op libido
tauruslady	Butterfly - ditto what MJ said
mjd2491	My sex drive actually took a nosedive for several months after

	surgery
Butterfly1857	What abt moisture?
tauruslady	Also did you keep your ovaries, are they asleep, emotionally how do you feel about yourself, etc, etc. etc.
fritzi64	booter, if you're having second thoughts, would it be possible to reschedule your surgery and consult with another doctor or two?
mjd2491	I could still have sex and I still wanted to... but I didn't feel that great tingle I used to feel which told me I wanted it. :(I miss that.
mava	is a bladder tack done routinely?
tauruslady	Butterfly - with the removal of my ovaries I had to use more moisturizer and I also use a vaginal estrogen to keep things healthy.
mava	booter....hang in there!
mjd2491	Butterfly -- that's another completely individual thing. I have had issues with moisture, others have had no issue at all
fritzi64	Butterfly, I've had a problem with moisture--but I've discovered that some of those funky KY products advertised on tv really do the trick ;)
mjd2491	mava - no.... only if there's an issue. I didn't have one.
TarHeelCass	is vaginal estrogen a Rx?
tauruslady	Mava - I asked my Dr. and he said he would take care of it
mrsmayberry	what does it do
tauruslady	TarHeelCass - yes it is, I use Estrace there are others and very low dose liek 1/2 a gram 1 to 2x a week.
mjd2491	mrsmayberry... what are you asking about? sorry.
TarHeelCass	does it help with elasticity better than just lube?
mrsmayberry	vaginal estrogen
tauruslady	The vaginal estrogen absorbs into the vaginal tissue and keeps it healthy. ANYone that goes post-menopausal starts to have vaginal atrophy
mjd2491	ah.... OK.
mjd2491	I can't answer that, don't know! lol
mava	is a scope used with a TVH?
mrsmayberry	atrophy?????????/?
tauruslady	Vaginal estrogen keeps things healthy, you get less burning and that sort of thing
booter49	I have all ready had 2 opinons and they came up with the same thing. I know I have to just do it. but it is the TAH and now I found out I have to have an up and down incision. My doctor has made several comments about how big my uterus is. She is going to weight it and let me know how much it weighed. Is that odd? I looked at her at my last apointment and she looked so young to be a surgeon. Just pre surgery jitters. Thanks
tauruslady	TarHeelCass - yes.
fritzi64	Probably--but I was asleep the whole time so I don't know what was used during my TVH
nuttygal	should we still do the keigels? (sp)
fritzi64	booter49, it's probably just jitters.
tauruslady	MrsMayberry - that's what it is called when the vaginal ltissue doesn't get the hormones it needs...part of the normal female aging process.
fritzi64	For me, the waiting was the hardest part, and I hope the same is true for you.
mava	:) i ask too many questions
lonesomeprairie	My surgery has been moved back so that my GYN can to a test on my bladder. What kind of test? I shared that I have some problems there.
mjd2491	booter -- hey, don't count it out. Could you ask the doc to try a horizontal incision? My doc said I'd have a vertical one, but then they were able to get it out by a horizontal incision. And I had a very large uterus

Butterfly1857	no mava keep it up
mjd2491	You can click on "my photos" on my profile to see my uterus
mjd2491	Very beautiful
tauruslady	TarHeelCass - I use both for lubrication and moisture although some are fine with things like Replens and KY liquibeads
fritzi64	Your questions have been great tonight, everyone!
mava	thanks....
fritzi64	Yes, mjd2491's uterus picture is quite impressive.
fritzi64	It makes mine look kind of boring, so I didn't even bother posting mine
Canteach	booter49 I have an experienced surgeon but his resident came in to do my informed consent and she seemed awfully young. I wasn't impressed. Hope my pre-op is informative
tauruslady	Lonesomeprairie - I didn't have bladder issues so can't tell you about urodynamic tests.
tauruslady	If no one has experience here you could post on the Pelvic floor forum
fritzi64	I had a urodynamics test done
Sol2010	Did anything take any of your by surprise that you wish you had known, that has not been discussed tonight?
tauruslady	SOMEbody asked about kegels - yes kegels are good but not right away...give yourself time to heal.
lonesomeprairie	Thank you for a name to look up.
fritzi64	I'm scrolling through and can't find your question, lonesomeprairie
fritzi64	Oh, I see it now
fritzi64	Yes, it's called a urodynamics test.
tauruslady	Fritzi here it is - [lonesomeprairie] My surgery has been moved back so that my GYN can to a test on my bladder. What kind of test? I shared that I have some problems there
lonesomeprairie	What do they do?
fritzi64	I'd had some minor incontinence issues and asked the doctor if she could fix it since she would be "in the neighborhood"
dedmurphy	How much did your uterus weigh? It looks big in the pictures.
fritzi64	well, I wish I could tell you it's fun--but it isn't
tauruslady	Sol - my whole adventure took me by surprise because I didn't have issues until the pathology report came back after my D&C so I'm not a good one to ask.
mava	does vaginal prolapse occur with any type of surgery?
fritzi64	I sat on a chair that looked kind of like a dentist chair, with a special bucket on the floor in front of me
tauruslady	I guess if I had to say something the big thing would be the emotional impact of it all.
lonesomeprairie	Is it a scan? Blood work?
fritzi64	no, they fill your bladder with liquid to see how long you can hold it
tauruslady	Mava - there are possibilities that over time any woman can have a vaginal prolapse.
nuttygal	really taurus?
tauruslady	I don't know that it happens more often in hysterectomy women
fritzi64	there is a catheter and some kind of probe that helps measure what your bladder muscles are doing and how strong they are working
tauruslady	Nuttygal - yes, for me I went into surgical menopause (was not perimenopausal)
lonesomeprairie	Oh my goodness...
fritzi64	I had to pee into the special bucket to measure the strenght of the stream
nuttygal	I'm not either, only 34
mava	thank you...what about a donut pillow for use after?

fritzi64	I have to say, though, that I was treated with an incredible amount of dignity
tauruslady	and it was tough. Also the cancer diagnosis a few things after the surgery and I ended up with clinical depression.
lonesomeprairie	Something else...I don't want to do...
fritzi64	and the people left the room each time I had to urinate so I could have some privacy.
tauruslady	Mava - I didn't use one but I could see where it might be helpful.
nattygal	wow,
fritzi64	The experience was not as bad as the anticipation of it.
nattygal	I've had that done when I first hurt my back and was incont..
fritzi64	The Pelvic Floor & Bladder Issues forum is a great place to get a better understanding of the procedure
nattygal	it wasn't a problem at all
mjd2491	The most important piece of equipment I used was my binder
mjd2491	It gave great support and I didn't have to use any tape to hold the bandages in place
fritzi64	It's good that I had the test, though. It was discovered that my problem was not one that could be treated through surgery.
mjd2491	Because I had a big incision, that was a huge deal for me
dedmurphy	what does the binder do?
lonesomeprairie	What do you do now?
mjd2491	It holds everything "in place". I thought it would be constricting, but it really feels very good
mjd2491	The pressure was very helpful
nattygal	Taurus? is the emotional alot like post partum?
fritzi64	well, I haven't exactly followed up since my surgery--but there is physical therapy, and I've found that kegel exercises have helped
fritzi64	we may look into a medication as well
mava	Thanks everyone....wishing all of you good luck and lots of hugs!
dedmurphy	I can't stand anything tight on my stomach now, so I don't know if I could stand the binder.
fritzi64	Thanks for coming mava!
nattygal	you too mava
lonesomeprairie	I have to be careful, if my bladder is really full, when I get up. If I get up too quickly then there is a chance that a tiny little bit will come out.
tauruslady	I would guess so, I never had children. Actually my counsellor told me I had PTSD, still have it I should say.
fritzi64	lonesome, I know what you mean.
mava	Thank you...think spring :)
fritzi64	The test isn't fun, but if it provides information that will help your doctor know if a bladder procedure is good for you, it will be worth it
nattygal	wow.. that's alot to deal with
lonesomeprairie	Do you ever have a bit of pain when going to the bathroom?
Canteach	Thanks for this. It was very informative.Where do you buy the binder?
tauruslady	Nattygal - no fun but we keep moving forward. Fritzi and MJ can tell you I'm doing better now, but still have rough patches.
fritzi64	I used to, but not now. My fibroids were pressing on my bladder
lonesomeprairie	Or when you feel like your are done, you still have to sit there because you can hear some is still coming out.
Sol2010	I also have to call it a night. Thank you all so much! You have made the journey a bit easier.
mjd2491	'night sol2010
tauruslady	Night Sol - see you on the boards :)
nattygal	night sol

fritzi64	no, I haven't had that experience. My friend who did had the bladder procedure and it worked great
TarHeelCass	Good Night everyone--- and thank you!
fritzi64	I have to put on my party pooper had now and point out that the chat room will be closing in five minutes
nattygal	I should get as well have a pre-op with my primary tomorrow, have to be medically cleared for surg
Canteach	I have trouble peeing because my cyst is pressing my bladder. Hope the operation will help
lonesomeprairie	What did she have done?
nattygal	good night ladies, thank you..
fritzi64	If you have any questions for the hostesses, you are welcome to send us private messages or post in the forums
booter49	Good luck with your pre op. Don't be afraid to ask any questions you may have
tauruslady	Sending hugs for your surgeries
fritzi64	I can't remember what she called it, lonesome
lonesomeprairie	I shared this with him because I thought if something needed to be done, he could do it them.
fritzi64	It was a couple years ago and I was so wrapped up in my own pain issues. There's a post in the Pelvic Floor forum that describes different procedures
fritzi64	It's great that you talked with your doctor, because if something can help you, you'll be so glad you had it done
lonesomeprairie	I will check that out.
booter49	What is the best piece of advice for day of surgery
lonesomeprairie	I should have had these things looked at LONG ago...just didn't want to mess with it.
Butterfly1857	Thank so much for the great advice!!
Butterfly1857	Good night!
tauruslady	glad to be of help
tauruslady	Good night Butterfly
lonesomeprairie	I was afraid that I would be one of those old ladies you feel sorry for because they have to wear a diaper.
fritzi64	Lonesome, the post you want is in a sticky about two or three posts from the top of the Pelvic Floor forum.
tauruslady	Booter - have someone in the pre-op prep area if possible. My DH came in after they got things ready and sat w/ me and gave me hugs....helped a lot
fritzi64	Read the post, and then you're welcome to post your questions in that forum and get some insight from women who have had various procedures and can share what worked for them.
lonesomeprairie	Thank you.
fritzi64	It's time to close the chatroom. Does anyone else have any questions?
booter49	What is DH stand for?
fritzi64	Thank you, tauruslady, for being our guest speaker tonight.
tauruslady	Good night everybody
tauruslady	Dear Husband
lonesomeprairie	May I ask... Can this be taken care of in a da Vinci?
fritzi64	And thank you, mjd2491 for being her and helping out.
fritzi64	lonesome, I really don't know if davinci is used for bladder procedures
mjd2491	:)
booter49	thanks hystersisters for all you do
fritzi64	Okay, the room is about to close.
tauruslady	I believe it can be but check w/ surgeon
fritzi64	Thanks for coming, sisters.

lonesomeprairie	Thank you. I'll talk to my GYN. Have a goodnight everyone. Thank you so much for your replies.
fritzi64	Good luck with your tests and procedures.
dedmurphy	Good night all my sisters.:)

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