

## ***A Roundtable Discussion: Exploring Hysterectomy Options***

September 19, 2010

Panelists: marleemagoo & sejutove

Kathy	Hi celticbear!
marleemagoo	Hi celtic
celticbear	Hello everyone!
fritzi64	Hi celticbear
sejutove	Hi Everyone
marleemagoo	Hi sejutove
fritzi64	Hi sejutove
fritzi64	We'll be starting in 3 minutes
fritzi64	It takes a while for women to find their way here and get settled in
Kathy	chatty bunch we are
fritzi64	Yes, I'm doing some behind-the-scenes stuff
fritzi64	waving a magic wand around, getting my drink ready, etc. :)
Sashak9	Don't know about anyone else, but I've got my hands full of food. Can't eat and type at the same time ;-)
Kathy	pay no attention to that woman behind the curtain
celticbear	lol
fritzi64	I have a straw, so I don't even need my hands for my drink
Kathy	yes - my tummy is full of baked chicken
marleemagoo	that sounds good!
sejutove	yum
celticbear	yummy!
marleemagoo	we are going to grill later
Sashak9	I've already been talking da Vinci Hysterectomy this morning to a friend of mine who has huge fibroids and is looking to schedule surgery in the next couple of months! I suggested she join HS and chat today, but she's busy.
sejutove	neat
marleemagoo	well hopefully she at least joins
celticbear	Maybe she'll be able to join another one at a later date.
fritzi64	Sashak9, she may want to stop by one of our upcoming Pre-op Chats, then. We usually talk about the various options, and there's almost always someone around who's had the da Vinci surgery.
Sashak9	I am constantly talking about HS as such a great resource, regardless of surgical method.
marleemagoo	I talk about it all the time as well
Sashak9	You are all such an amazing group of supportive women!
celticbear	I'm also guilty of talking about it all the time.
Kathy	Theare so many great options and methods now. Back when we launched HS there were so few
fritzi64	Let's go ahead and get started with our program
fritzi64	We have a small group today, but I'm sure we'll have some others join us soon!
fritzi64	Welcome to our Roundtable!
fritzi64	In this roundtable discussion, we hope to provide information for hysterectomy options.
fritzi64	Often, we are limited in our medical choices by lack of information and what may be an option.
fritzi64	We hope to encourage our audience members to learn as much as they can about their diagnosis and explore non-hysterectomy alternatives as well as explore hysterectomy options.
fritzi64	Today's Roundtable discussion focuses on the subject of daVinci

	<b>Hysterectomy as a hysterectomy option.</b>
fritzi64	<b>Hi TwilightRose!</b>
fritzi64	<b>We have a daVinci representative in the discussion with us today.</b>
TwilightRose	<b>Hi</b>
fritzi64	<b>In the first part of our program, JC will provide you with information about how the da Vinci system works.</b>
fritzi64	<b>You will also hear from two members of HysterSisters who faced a hysterectomy for various reasons.</b>
fritzi64	<b>You'll learn about their experiences with the da Vinci hysterectomy.</b>
fritzi64	<b>DaVinci is our sponsor this afternoon.</b>
fritzi64	<b>If you have questions for our daVinci representative, please remember that this is only for general information and you will not be given personal answers that could be considered medical advice</b>
fritzi64	<b>And at the end of the roundtable, we hope you will be encouraged to take further steps to gather all the information you need for your medical decisions</b>
fritzi64	<b>Because daVinci is still relatively new and is something our doctors may not have experience with, we wanted to provide you with a bit more insight.</b>
fritzi64	<b>Here's how the Roundtable will work:</b>
fritzi64	<b>As one of the HysterSisters hostesses, I will be interviewing our panelists about the daVinci hysterectomy procedure their experiences.</b>
fritzi64	<b>The program will begin with a presentation about the da Vinci system— how it works, the general benefits, and the specific benefits in regards to various medical conditions that can lead to a hysterectomy.</b>
fritzi64	<b>After the presentation, we will ask our member panelists to introduce themselves and share their experiences with the da Vinci hysterectomy.</b>
fritzi64	<b>Our member panelists this afternoon are marleemagoo and sejutove.</b>
fritzi64	<b>And I will be stepping in on occasion to ask the audience a few questions.</b>
fritzi64	<b>When I ask a question of ((HysterSisters)), that is a question for the members of our audience.</b>
fritzi64	<b>This Roundtable will be moderated.</b>
fritzi64	<b>That means that every comment you type will be held in a queue and will appear in the chat window when it fits in.</b>
fritzi64	<b>If you can make note of your questions and save them for the right moment, that would help me make sure things go a bit more smoothly!</b>
fritzi64	<b>You may notice some symbols appearing on your screen at times: **</b>
fritzi64	<b>This is just our way of letting each other know when we're done with our response and it's time to move on to the next question!</b>
fritzi64	<b>Let's get started.</b>
fritzi64	<b>JC, can you tell us about your role with daVinci?</b>
dVs Rep JC	<b>I work in the marketing dept at Intuitive Surgical and I help to educate surgeons on using this technology.**</b>
fritzi64	<b>JC, could you explain how the da Vinci Surgical System works?</b>
dVs Rep JC	<b>The da Vinci System consists of three main components. In the diagram below, from left to right, are: the surgeon console, the patient side cart and the vision system. All three components help the surgeon perform the surgery successfully.</b>
dVs Rep JC	<b>dvh-trio First component - the vision system (far right in above diagram) projects the operating image to the surgeon and on a monitor.</b>
dVs Rep JC	<b>Second component - the surgeon console is where the surgeon sits during surgery, allowing him/her to see inside the patient's body with a 3D camera at 10 times magnification. dvh-shoulder</b>
dVs Rep JC	<b>At the console, the surgeon also controls the instruments that operate inside the patient's body.</b>
dVs Rep JC	<b>dvh-tool</b>
dVs Rep JC	<b>The operating instruments' movements correspond to the surgeon's hand movements, and are under the surgeon's complete control at all times.</b>

dVs Rep JC	dvh-console
dVs Rep JC	Third component - the patient side cart (sometimes referred to as the "robot") consists of 4 "arms" that hold the camera and the operating instruments that are controlled by the surgeon at the surgeon console. **
dVs Rep JC	dvh-robot
fritzi64	What does it mean that there is a "robot" involved?
dVs Rep JC	The surgeon is seated at the surgeon console controlling the operating instruments on the robot. Usually there is also a patient-side assistant (a doctor or nurse) standing next to the patient and the robot at the OR table during surgery.**
fritzi64	JC, what are some of the general benefits of da Vinci surgery as opposed to other hysterectomy options?
dVs Rep JC	The main benefit of da Vinci surgery is that it is a minimally invasive approach. Our specially designed operating instruments allow the surgeon to work through small incisions in the abdomen. These EndoWrist instruments are even more flexible than the human wrist – which allows the surgeon to handle difficulties with the patient's anatomy.
dVs Rep JC	dvh-wrist
dVs Rep JC	Compared to other hysterectomy options such as TAH (total abdominal hyst or open surgery), laparoscopic or vaginal hysterectomy, studies have shown that the da Vinci approach results in faster recovery back to work, shorter stay in the hospital, smaller incisions, less blood loss, and less pain. **
dVs Rep JC	dvh-incisions
dVs Rep JC	dvh-return
dVs Rep JC	dvh-recovery
fritzi64	JC, each of our panelists made a decision, along with her doctor, about what was best for her own medical situation. We'd like to ask about the da Vinci hysterectomy in regards to the specific medical conditions they faced, as well as the conditions faced by other women who might be interested in the da Vinci hysterectomy.
fritzi64	First, we'd like to find out a bit more about why our members are having their hysterectomies.
fritzi64	((HysterSisters)), could you share with us the reason for your hysterectomy?
celticbear	for me, it's endometriosis.
marleemagoo	I had mine because of large fibroids
TwilightRose	Hi, I have mutiple fibroids, the largest one a tennis ball size. An un identified mass on my ovary, atpical pap smear, and excessive bleeding.
fritzi64	JC, what are the benefits specific to women having a hysterectomy for gynecological cancer?
dVs Rep JC	Before I answer, please bear in mind that as with any surgery, these benefits cannot be guaranteed, as surgery is patient-, surgeon-, and procedure-specific.
dVs Rep JC	For patients with gynecological cancer, the da Vinci System allows for precise removal of lymph nodes, which helps in the staging of the cancer. Because of our EndoWrist instruments, the 3D vision, and 10 times magnification, the da Vinci System provides an equal or better outcome than open surgery while being minimally invasive.
dVs Rep JC	It is especially beneficial for women in cancer treatment to have a quicker recovery and therefore less time between surgery and possible follow-on treatments. **
fritzi64	JC, what are the benefits specific to women having a hysterectomy for fibroids?
dVs Rep JC	Same benefits. Patients with fibroids are still candidates for a da Vinci hysterectomy. Our System enables the surgeon to operate through 3 – 5 small incisions even for patients with multiple fibroids. **
fritzi64	JC, how does fibroid size affect whether a woman is a candidate for a da

	<b>Vinci Hysterectomy?</b>
dVs Rep JC	The fibroid size often influences the size of the uterus. Patients with large fibroids or a big uterus are still candidates for a da Vinci hysterectomy.
dVs Rep JC	A new study just came out looking at da Vinci hysterectomy for patients with large uteri, and the patient outcomes were excellent. **
fritzi64	JC, what are the benefits specific to women having a hysterectomy for heavy bleeding?
dVs Rep JC	Same benefits. Patients with heavy bleeding are absolutely candidates for a da Vinci hysterectomy.
fritzi64	JC, what are the benefits specific to women having a hysterectomy for endometriosis?
celticbear	i also have multiple ovarian cysts.
dVs Rep JC	Patients with endometriosis are candidates for a da Vinci hysterectomy.
dVs Rep JC	For patients with endometriosis, good vision of the anatomy, and the ability to reach all the areas which contain endometriosis are very important.
dVs Rep JC	Firstly, the da Vinci system provides 3D vision and 10 times magnification of the anatomy. Laparoscopic cameras provide 2D vision (no depth perception of the anatomy). Precision comes with good vision.
dVs Rep JC	Secondly, the EndoWrist instruments let the surgeon reach all the areas that contain endometriosis.**
fritzi64	JC, many endometriosis experts have a strong preference for either a laser or a scalpel to excise endometriosis. What are the biggest concerns with these in regards to the da Vinci system?
dVs Rep JC	The lasers or scalpels are not wristed, so it may not always be easy to reach all the areas that contain endometriosis. **
fritzi64	Now, let's meet our panelists for this afternoon.
fritzi64	Marleemagoo and sejutove, can you tell us a little about yourselves?
marleemagoo	My name is Sarah, I am 35 and live in Phoenix. I am almost 6 months post op from total hysterectomy**
sejutove	Hi I am Lisa, I am 42, live in FL and the mom of 2 girls. I am almost 4 wks post op.
fritzi64	Marleemagoo, what brought you to the hysterectomy experience?
marleemagoo	Large fibroids and excessive bleeding
fritzi64	Sejutove, why did you have your hysterectomy?
sejutove	I was suffering from fibroids, adenomyosis with an enlarged uterus and heavy periods.
fritzi64	I'd like to ask our panelists why they chose to have the da Vinci procedure.
fritzi64	Sejutove, why did you choose the da Vinci?
sejutove	The quick recovery and the proven track record **
fritzi64	Marleemagoo, what about you?
marleemagoo	My doctor highly recommended it and the shorter recovery time **
fritzi64	How important was it to either of you to seek a second opinion in making your decision about hysterectomy type?
marleemagoo	Very important to me. The first doctor I saw told me I was too young. The second doctor actually listened to me and we together decided this was the best route for me **
sejutove	I had been told by at least 3 doctors that hysterectomy was an option I should consider. I felt confident once the da Vinci surgery was offered by one.
fritzi64	((((HysterSisters))), how many of you have sought a second opinion, either about having a hysterectomy at all or about the type of procedure to have?
fritzi64	(Again, this question is for our audience.)
TwilightRose	This last dr visit kind of was my second opinion. I saw the ultrasound, and knew there was a mess in there.
TwilightRose	I had seen it advertised on TV, so I was curious about it.
celticbear	i've had a second opinion regarding a hysterectomy....my obgyn recommended davinci, and I decided that sounded best for me.

fritzi64	We know from a voluntary poll on HysterSisters that fewer than half our members have gotten a second opinion.
fritzi64	We, at HysterSisters, think this means our members aren't necessarily getting all options explored
fritzi64	One of our goals at HysterSisters.com is to encourage our members to be the best self-advocates they can be.
fritzi64	You deserve and owe it to yourself to explore all your treatment options
fritzi64	As women, we often have great loyalty to our doctors. But we deserve to explore other options. It is not a backhand to our doctors.
fritzi64	Doctors will usually only tell us what they have the most experience with - and they may not specialize in minimally invasive or alternative treatment options.
fritzi64	There is no need to feel disloyal for asking other surgeons for input.
fritzi64	In fact, after our program, we invite you to visit <a href="http://www.givemeasecond.com">www.givemeasecond.com</a> for a deeper understanding of how and why to seek a second opinion.
fritzi64	Marleemagoo and sejutove, what were your concerns about the da Vinci hysterectomy?
marleemagoo	I was all for it as soon as my doctor told me about it. 4 small incisions vs. being open hip to hip was a big selling point.
marleemagoo	Truthfully, I was so happy she was willing to do it, I never looked back**
sejutove	I was concerned about the recovery time. I am so happy I took this route because it has been a great experience for me**
fritzi64	JC, are there any situations where a dVH is not the best option for someone?
dVs Rep JC	This is a question only your surgeon can answer, but we have found that da Vinci surgery is an option even in complex cases, where surgeons would not normally be able to use a laparoscopic approach.**
fritzi64	Panelists, we'd like to ask about your surgery and recovery. How has everything gone?
fritzi64	Marleemagoo, tell us about your surgery and recovery.
marleemagoo	My doctor said a typical hyster takes about 1.5 hours, mine was 4 hours due to multiple fibroids and their sizes.
marleemagoo	My recovery was textbook other than a bladder infection.
fritzi64	And sejutove, how are you doing?
sejutove	My surgery went as planned. To me it was pretty easy. I was up and walking the next day and have had no issues. My one week checkup went well**
marleemagoo	I laid on the couch the first week and then slowly worked my way back into things((
fritzi64	JC, we've had several women ask about conversions. I understand that this means starting out with a planned minimally invasive surgery—but then during the operation, the surgeon has to change to open abdominal surgery.
dVs Rep JC	Yes, that is correct. Conversions do happen for several reasons. Most commonly it's because of the presence of adhesions. Adhesions usually occur in patients who have had prior pelvic surgeries, such as C-sections.
fritzi64	Could you provide any statistics on how often that happens in laparoscopic hysterectomy?
dVs Rep JC	The conversion rate varies from surgeon to surgeon, but in a study done by a highly-skilled GYN surgeon, Dr. Thomas Payne in Baton Rouge, he found, to his surprise, that his conversion rate was around 20% for laparoscopic hysterectomy.
fritzi64	JC, how does this compare to how often a da Vinci hysterectomy is converted to an open abdominal surgery?
dVs Rep JC	In the same study, this surgeon's conversion rate for da Vinci hysterectomy was 4% initially as he was learning the new technology. After 75 cases, his conversion rate fell to 0%. And in the next 200 cases, it was still 0%**

fritzi64	<b>(((HysterSisters))), what questions do you have about who is and is not a candidate for a daVinci hysterectomy?</b>
TwilightRose	<b>I don't have any about that.</b>
fritzi64	<b>JC, what are the most common concerns and questions that women have about the da Vinci Hysterectomy?</b>
dVs Rep JC	<b>The question we hear most often is: Am I a candidate?</b>
dVs Rep JC	<b>Check out the da Vinci Surgery homepage for more information, and for finding a surgeon who performs da Vinci hysterectomies. Be sure to ask your da Vinci surgeon all the questions you have about the procedure. <a href="http://www.davinciHysterectomy.com">www.davinciHysterectomy.com</a></b>
fritzi64	<b>JC, also we're asked about adhesions and whether laparoscopic procedures cause fewer adhesions</b>
dVs Rep JC	<b>Every woman responds differently to surgery. Sometimes, adhesions are found even in women that never had surgery before.**</b>
fritzi64	<b>Panelists, what advice do you have for other women considering a da Vinci hysterectomy?</b>
TwilightRose	<b>what is an adhesion?</b>
marleemagoo	<b>I would highly recommend it.</b>
sejutove	<b>I would recommend it if it is offered to you. I would also say do your homework and find a surgeon who has performed many with high success.</b>
marleemagoo	<b>Obviously, ask your doctor what is best for you but I am so happy I had it done that way</b>
dVs Rep JC	<b>TR - an adhesion is when one of your organs gets stuck to another one</b>
fritzi64	<b>JC, let's say that someone who's here tonight wants to learn more about whether a da Vinci hysterectomy is a good option for her. What should she do? What information and resources do you have on your website?</b>
dVs Rep JC	<b>This can be due to many things, but can make surgery difficult to perform**</b>
dVs Rep JC	<b>Online you can visit <a href="http://www.daVinciHysterectomy.com">www.daVinciHysterectomy.com</a> or <a href="http://www.daVinciStories.com">www.daVinciStories.com</a>. You can read/watch stories from other da Vinci Surgery patients. You can also find a da Vinci surgeon near you, and get clinical data references.</b>
dVs Rep JC	<b>We strongly encourage women to get a second or third opinion from a trained da Vinci surgeon to see if you are a candidate for da Vinci Surgery.</b>
sejutove	<b>I have enjoyed the recovery**</b>
dVs Rep JC	<b>Multiple opinions will give you a better understanding of all factors and treatment options, and chances are HIGH that you are a candidate for da Vinci hysterectomy.**</b>
fritzi64	<b>We have some helpful information and resources here at HysterSisters that will help you in learning more about the da Vinci hysterectomy.</b>
fritzi64	<b>There are numerous things that can help you understand all your options or start you in the right direction.</b>
fritzi64	<b>If you aren't sure about what's out there or what you are scheduled for than you can post on forums to give you insight and direction.</b>
fritzi64	<b>Review the Pre-Op Checkpoints that give you definitions and information on all varieties of hysterectomies and preparation for them.</b>
fritzi64	<b>Of course, there are links to the daVinci site from HysterSisters.</b>
fritzi64	<b>For the brave of heart you can watch videos of various surgeries!</b>
TwilightRose	<b>Yes, I wached soem of the videos, put my mind at ease.</b>
fritzi64	<b>It's now question &amp; answer time!</b>
fritzi64	<b>(((HysterSisters))), what questions do you have?</b>
fritzi64	<b>Remember, if you have questions for our davinci representative, please remember that this is only for general information and you will not be given personal answers that could be considered medical advice</b>
fritzi64	<b>And you are free to ask questions of our representative from da Vinci as well as of our member panelists.</b>
TwilightRose	<b>I am wodnering about the gas inflation part of it. Could you please explain</b>

	<b>about that?</b>
<b>dVs Rep JC</b>	<b>Sure</b>
<b>dVs Rep JC</b>	<b>For the surgeon to be able to see inside your abdomen, they need to create some space for the camera and instruments</b>
<b>dVs Rep JC</b>	<b>They place a very small needle in your bellybutton and put CO2 gas inside your abdomen to inflate it. This gives the camera and instruments room to work without hitting your other organs**</b>
<b>fritzi64</b>	<b>JC, some women experience some shoulder pain from the surgical gas. Is this the case with da Vinci, and if so, do you have any advice for our members?</b>
<b>TwilightRose</b>	<b>So how do you expel it? I've read burping and breaking wind help, but if it is in your abdomen, how do those methods help?</b>
<b>marleemagoo</b>	<b>I will say, the one thing I wish I knew ahead of time was that you need an IV in each hand.</b>
<b>fritzi64</b>	<b>Could you explain why, marlee?</b>
<b>sejutove</b>	<b>Twilight for my right after surgery they gave me so much sprite and I really think it helped plus my surgeon said he would take time to expel most.</b>
<b>dVs Rep JC</b>	<b>TR - your abdomen is deflated following the completion of the surgery. Some will find its way into your GI system, in which case breaking wind is the best thing to do</b>
<b>TwilightRose</b>	<b>Why is that marleemagoo?</b>
<b>marleemagoo</b>	<b>I wish I knew just to sike myself up for it</b>
<b>marleemagoo</b>	<b>they only used one but put the other one in just in case</b>
<b>marleemagoo</b>	<b>I can't remember what the reason was</b>
<b>fritzi64</b>	<b>Was that because of the da Vinci surgery, or just for having a hysterectomy in general, do you know?</b>
<b>marleemagoo</b>	<b>they told me da Vinci</b>
<b>sejutove</b>	<b>I also got two iv's**</b>
<b>dVs Rep JC</b>	<b>Fritzi - the shoulder pain is probably unrelated to the gas and more related to the physical position your body needs to be in for the surgery (i.e. lying flat, but with your feet slightly raised)**</b>
<b>marleemagoo</b>	<b>Mine were not easy to start after the bowel prep the day before :(</b>
<b>fritzi64</b>	<b>Thanks, JC--and do you know why women need two IV's for the da Vinci hysterectomy?</b>
<b>dVs Rep JC</b>	<b>No, this is news to me. What was the doctor's explanation for it?</b>
<b>sejutove</b>	<b>I did not ask**</b>
<b>marleemagoo</b>	<b>I wish I could remember, they told me they needed two just in case.</b>
<b>marleemagoo</b>	<b>In case what I'm not sure...**</b>
<b>dVs Rep JC</b>	<b>One is used by anesthesia</b>
<b>sejutove</b>	<b>I just thought that was the way it was done and would do anything not to feel pain**</b>
<b>TwilightRose</b>	<b>I'm dreading the bowel prep. Is it really necessary?</b>
<b>dVs Rep JC</b>	<b>The other, I'm not really sure</b>
<b>sejutove</b>	<b>I did not have a bowl prep**</b>
<b>sejutove</b>	<b>Just told not to eat after midnight**</b>
<b>marleemagoo</b>	<b>The worse part for me was drinking the mag. cit. it doesn't taste very good</b>
<b>dVs Rep JC</b>	<b>TR - bowel prep is common regardless of what type of surgery you get. Its considered a "safety" mechanism</b>
<b>Kathy</b>	<b>Some doctors do not require bowel prep</b>
<b>fritzi64</b>	<b>TwilightRose, bowel prep instructions are often related to the surgeon's preferences or hospital standards--and may not be related to the surgery type so much.</b>
<b>TwilightRose</b>	<b>Well, it seems to me, if they are going to inflate your abdomen, why would you need one?</b>
<b>TwilightRose</b>	<b>Oh, I see</b>
<b>dVs Rep JC</b>	<b>It helps to make sure your colon is as small as it can be so that its not in the way during surgery</b>

<b>fritzi64</b>	<b>What other questions do you have about the da Vinci hysterectomy?</b>
<b>celticbear</b>	<b>Do most women really go home from the hospital on the same day?</b>
<b>sejutove</b>	<b>I did**</b>
<b>dVs Rep JC</b>	<b>Everyone's situation is different, but yes - it is quite common</b>
<b>marleemagoo</b>	<b>I had my surgery at 2:30, in my room about 7:00 pm and home by 3:00 the next day</b>
<b>fritzi64</b>	<b>Celticbear, going home the same day doesn't always mean that very same day</b>
<b>dVs Rep JC</b>	<b>Less than 24 hours is quite typical</b>
<b>dVs Rep JC</b>	<b>Exactly</b>
<b>fritzi64</b>	<b>It means within 24 hours of being placed in a room for observation.</b>
<b>sejutove</b>	<b>My dr told me as long as I was the first one in the OR and he had enough time to watch me after I could go home the same day**</b>
<b>TwilightRose</b>	<b>I know I am going to be longer, because I am a higher risk to begin with, Plus I am on bloodthinners.</b>
<b>dVs Rep JC</b>	<b>Its always best to go in assuming you won't just in case. Then let's hope you're pleasantly surprised!**</b>
<b>celticbear</b>	<b>Sejutove...that's what I've been told. I'm scheduled first think in the a.m.</b>
<b>TwilightRose</b>	<b>Does a patient's weight affect the outcome?</b>
<b>fritzi64</b>	<b>TwilightRose, we've had women of all sizes with all types of hysterectomies--and I haven't noticed any difference in outcome.</b>
<b>fritzi64</b>	<b>But that would be a great question to ask about in our Pre-op forum.</b>
<b>TwilightRose</b>	<b>I'm scheduled at 7, and I am her only surgery that day.</b>
<b>marleemagoo</b>	<b>I wish mine had been first thing in the morning, too much time to sit around and think about it :)</b>
<b>dVs Rep JC</b>	<b>TR - great question. While laparoscopy has been shown to have more difficulty with heavier patients, da Vinci hysterectomy has been proven to overcome many of those situations</b>
<b>fritzi64</b>	<b>I have a co-worker who was fairly heavy when she had her hysterectomy for endometrial cancer.</b>
<b>fritzi64</b>	<b>She and her doctors were very happy with the results of her da Vinci surgery.</b>
<b>TwilightRose</b>	<b>I'm glad to hear that.</b>
<b>fritzi64</b>	<b>Are there any other questions for our panelists?</b>
<b>fritzi64</b>	<b>Thank you, JC, for visiting us here at HysterSisters to provide us with information.</b>
<b>fritzi64</b>	<b>Marleemagoo and sejutove, thank you for opening up your lives to share your experiences with everyone tonight who is facing a hysterectomy.</b>
<b>dVs Rep JC</b>	<b>My pleasure!</b>
<b>marleemagoo</b>	<b>Please ask, as soon as we are done I have to take my daughter to the mall!</b>
<b>TwilightRose</b>	<b>How do you care for the incisions?</b>
<b>sejutove</b>	<b>you are welcome</b>
<b>dVs Rep JC</b>	<b>Most incisions are small enough that they close them with surgical "glue" and no stitches are involved</b>
<b>Kathy</b>	<b>We have incision care information in the Hysterectomy Checkpoints. Keep them clean and dry.</b>
<b>fritzi64</b>	<b>((HysterSisters)), thank you all for being here, for caring enough about yourselves to make the effort to learn just a bit more about your options.</b>
<b>dVs Rep JC</b>	<b>Yes - clean and dry!</b>
<b>marleemagoo</b>	<b>I had glue and then they were covered with the little surgi strips</b>
<b>marleemagoo</b>	<b>the strips came off by themselves about a week later</b>
<b>fritzi64</b>	<b>The transcript from this program will be posted under the Archives tab of our Chat page by tomorrow.</b>
<b>fritzi64</b>	<b>Since I'm seeing no more questions, I'd like to thank you all for coming.</b>
<b>TwilightRose</b>	<b>Thank you!</b>
<b>sejutove</b>	<b>ok thanks everyone and bye</b>
<b>Sashak9</b>	<b>Have a great Sunday, everyone!</b>

<b>fritzi64</b>	<b>and let our panelists resume their normal Sunday afternoon activities.</b>
<b>dVs Rep JC</b>	<b>Thanks everyone!</b>
<b>celticbear</b>	<b>Thanks! This has been very informative!</b>
<b>marleemagoo</b>	<b>Good luck to all of you with whatever decision you make</b>
<b>Kathy</b>	<b>Thanks JC!</b>
<b>fritzi64</b>	<b>To log out of the chatroom</b>
<b>dVs Rep JC</b>	<b>Enjoy the rest of your day!</b>
<b>fritzi64</b>	<b>just close the window</b>
<b>Kathy</b>	<b>you too!</b>
<b>TwilightRose</b>	<b>You too!</b>
<b>fritzi64</b>	<b>or click on a link to somewhere else</b>

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