

Media Contacts: Anne Lasseigne Tiedt, APR
(512) 784-3805
anne@momentum-pr.com

Laura Bond Williams
(512) 497-8095
laura@momentum-pr.com

Free Booklets from HysterSisters Tell "What 100,000 Women Know About Hysterectomy"

Booklet covers everything from hysterectomy choices and alternatives to hormone replacement therapy and sex after surgery

Dallas – May XX, 2009 – HysterSisters, an online community providing woman-to-woman support before and after hysterectomy, today announced it is offering more than 10,000 free copies of its popular booklet, *What 100,000 Women Know About Hysterectomy*, available at www.hystersisters.com/booklet.

[EDITORS NOTE: Actual stories, tips and excerpts from the booklet are available for republication.]

Hysterectomy is the second most frequent major surgery for reproductive-aged women in the United States. Since 1998, HysterSisters has been an online destination for millions of women looking for information about hysterectomy options, alternatives, hormone replacement therapy, menopause, endometriosis, gynecological cancers, and other GYN health concerns.

What 100,000 Women Know About Hysterectomy was created by HysterSisters founder Kathy Kelley, who based it on the most popular questions and topics in HysterSisters' online forums. More than 9,000 unique visitors a day use HysterSisters to find more information about gynecological health.

In 60 pages, *What 100,000 Women Know About Hysterectomy* covers:

- types of hysterectomies
- new treatments and alternatives to hysterectomy
- questions that every woman should ask her doctor
- what to expect before surgery
- how to take care of yourself after surgery
- what to know about hormone replacement therapy

What 100,000 Women Know About Hysterectomy also includes "lessons learned" from real-life HysterSisters all over the United States.

"I created the HysterSisters community after my own hysterectomy so women could share information and support other each other," says Kathy Kelley, HysterSisters founder and CEO. "Hysterectomy is a life-changing experience, and we want women to know they are not alone."

"Whether you've been told that you need a hysterectomy or you think it may be on the horizon, *What 100,000 Women Know About Hysterectomy* sorts out the facts," says Kelley. "The information empowers women to partner with their doctors and to ask good questions along the way."

About HysterSisters

HysterSisters is an online community providing woman-to-woman support for GYN medical and emotional issues surrounding the hysterectomy experience. Every day thousands of women use HysterSisters to find and share information about hysterectomy procedures, alternative treatments, hormone replacement therapy, and about personal experiences with gynecological illnesses. Learn more at www.hystersisters.com.

#